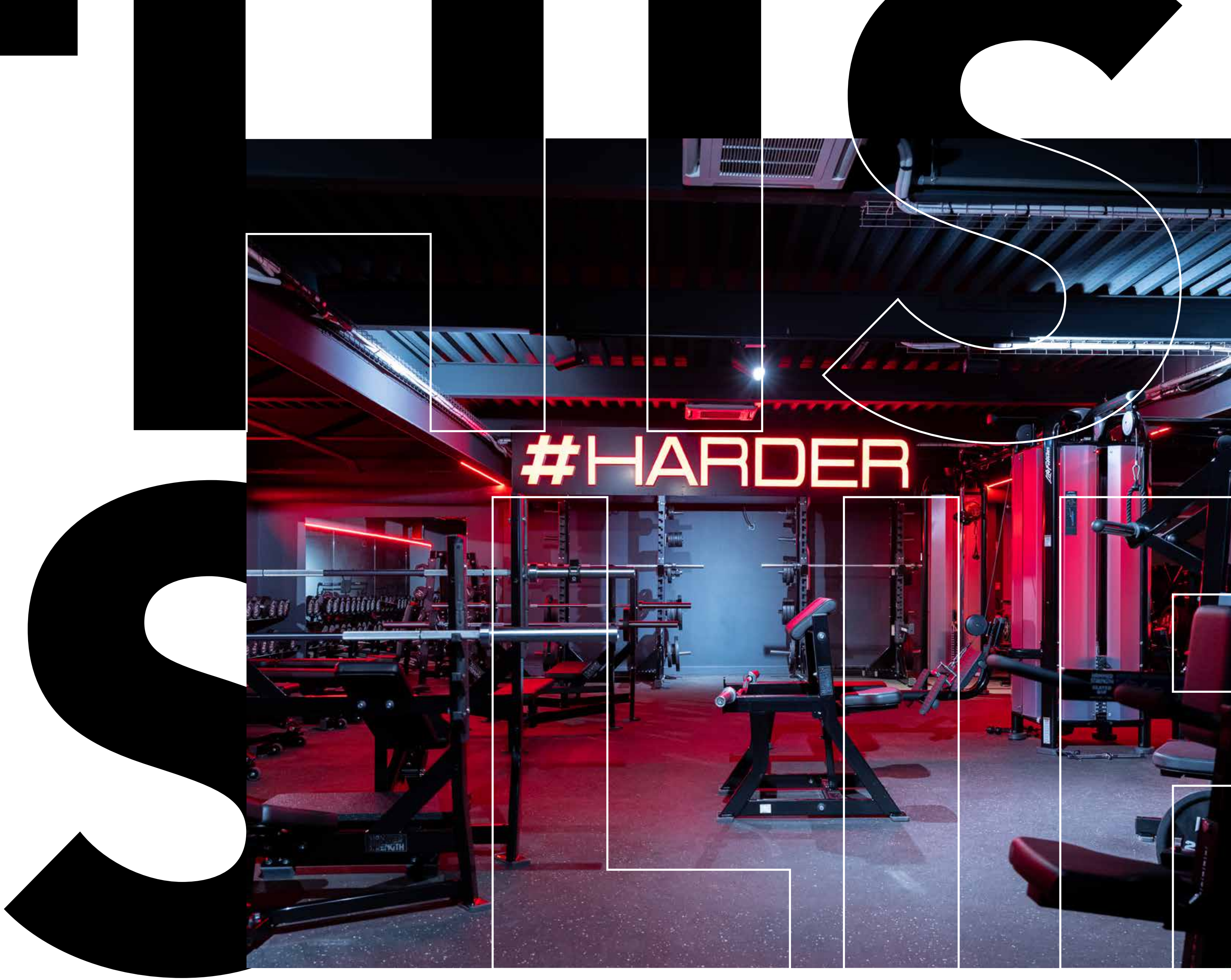




# G Y M S P I I M T I I O R A N





At Life Fitness we believe that a unique fitness experience starts with co-creation. This is why we want to take part in your journey toward success, so that together we can elevate your brand experience to a whole new level.



# EMPOWER YOUR GYM



## YOUR BRAND, YOUR CLUB

Everything in a gym needs to precisely fit together, and finding this harmony that will let your club resonate with your members is one of the steps toward success.

Let us take you on a tour around the world and discover the most aesthetic fitness facilities we have equipped, and unveil the secrets of the world's most unique health clubs.





**OKTOPUS**



# IT'S NOT FITNESS IT'S LIFE



*THE LARGEST CONCEPTUAL  
SPACE IN GEORGIA,  
FUNCTIONING SINCE 2016.*



Oktopus has managed to build a concept that provides a great fitness experience distinguished by a high standard of service. They inspire community beyond fitness training.

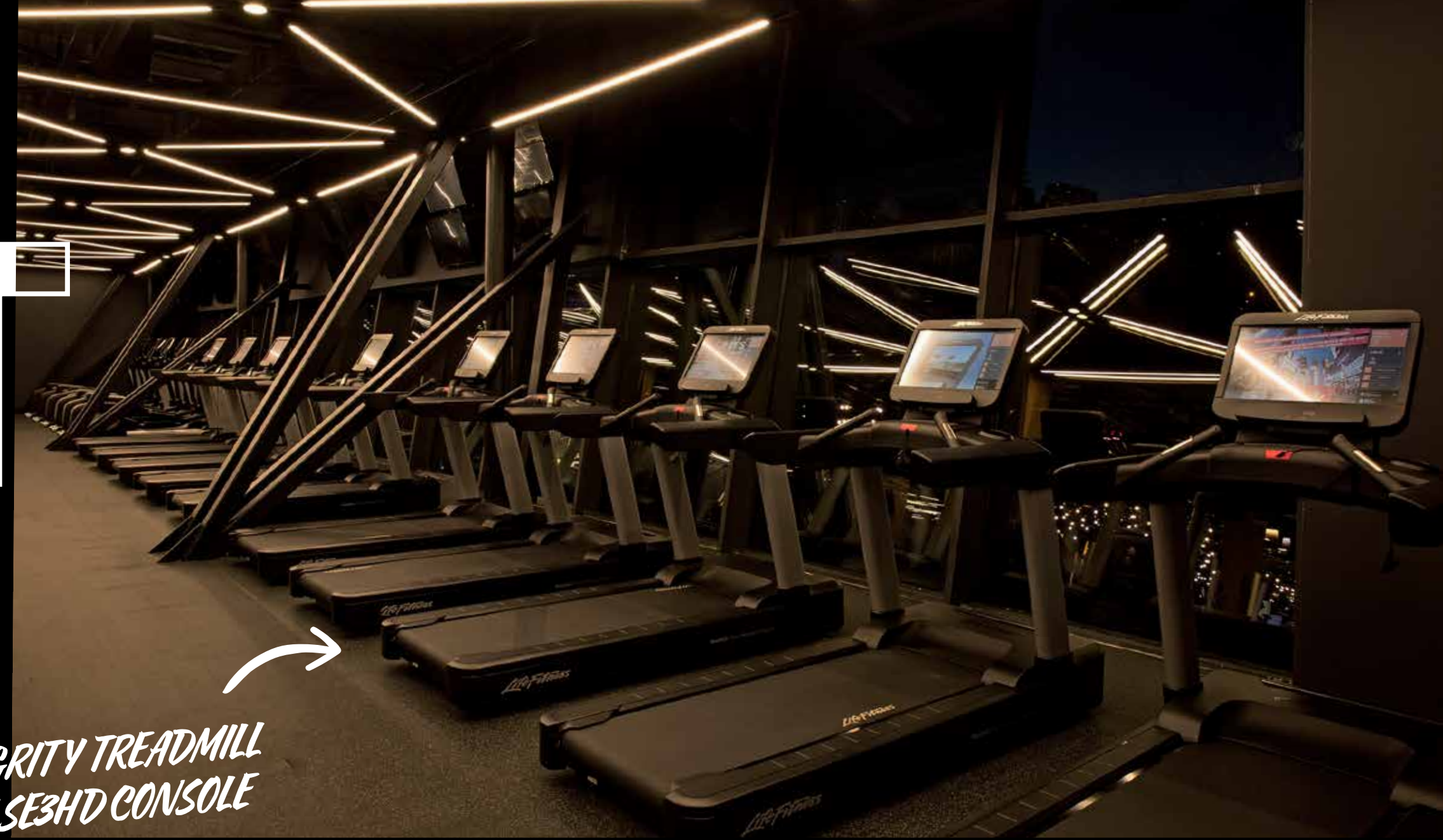


ABOUT THE BRAND

# PRODUCT LINES



OPTIMA SERIES



INTEGRITY TREADMILL  
WITH SE3HD CONSOLE



SIGNATURE BENCHES & RACKS





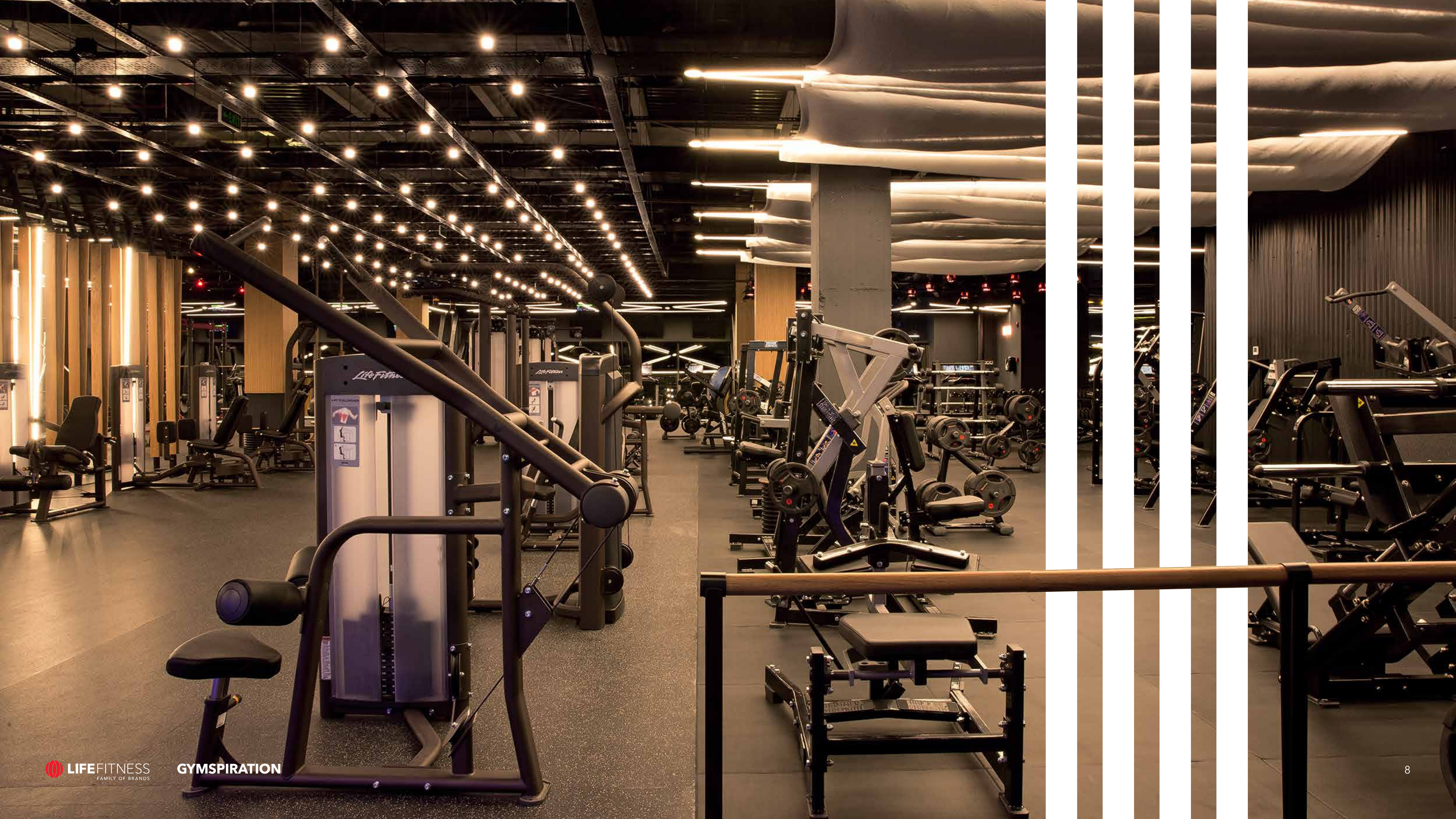
# A GREAT FITNESS EXPERIENCE

## KEY STATS

LOCATED IN TBILISI, GEORGIA  
2,000 MEMBERS











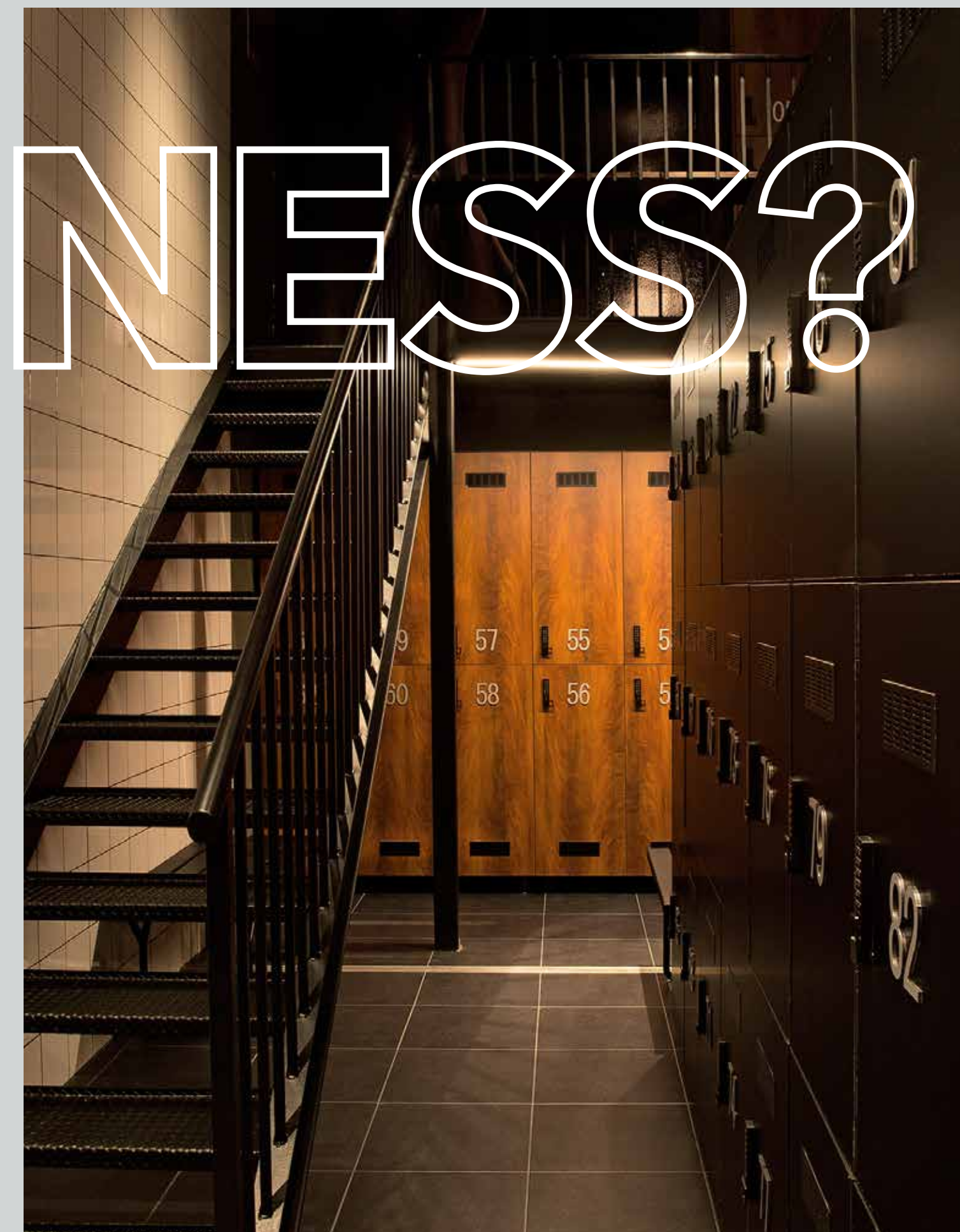


TESTIMONIAL

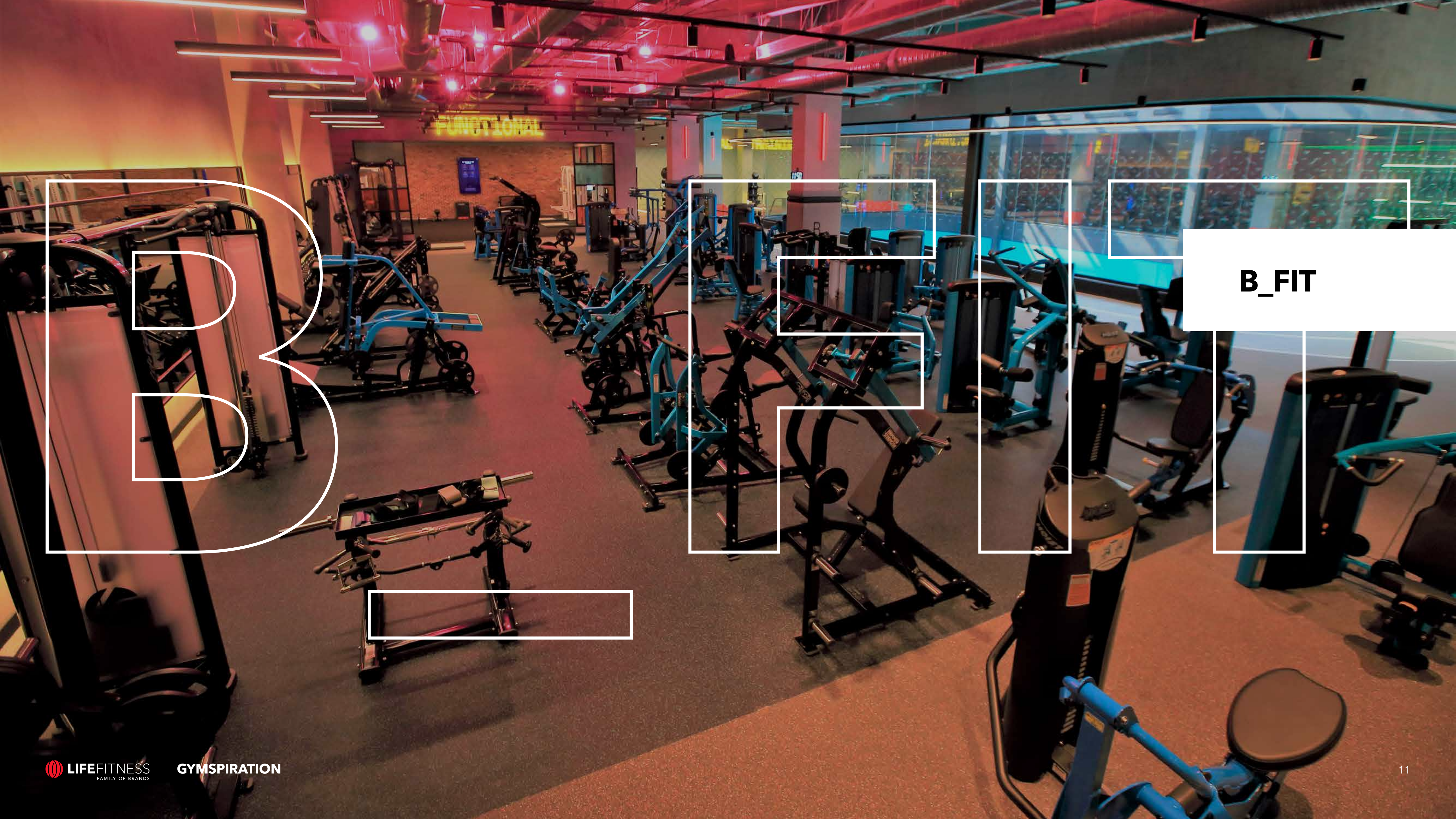
# WHY

# LIFE FITNESS?

□□ We always strive for development, Life Fitness is a company that is constantly evolving and developing and that's the main thing - we must be constantly moving forward. □□  
*Oktopus Team*







FUNCTIONAL

**B\_FIT**



# “EMPOWERING YOU”



*LOCATED IN TOWN  
SQUARE PLAZA IN JEDDAH,  
SAUDI ARABIA*

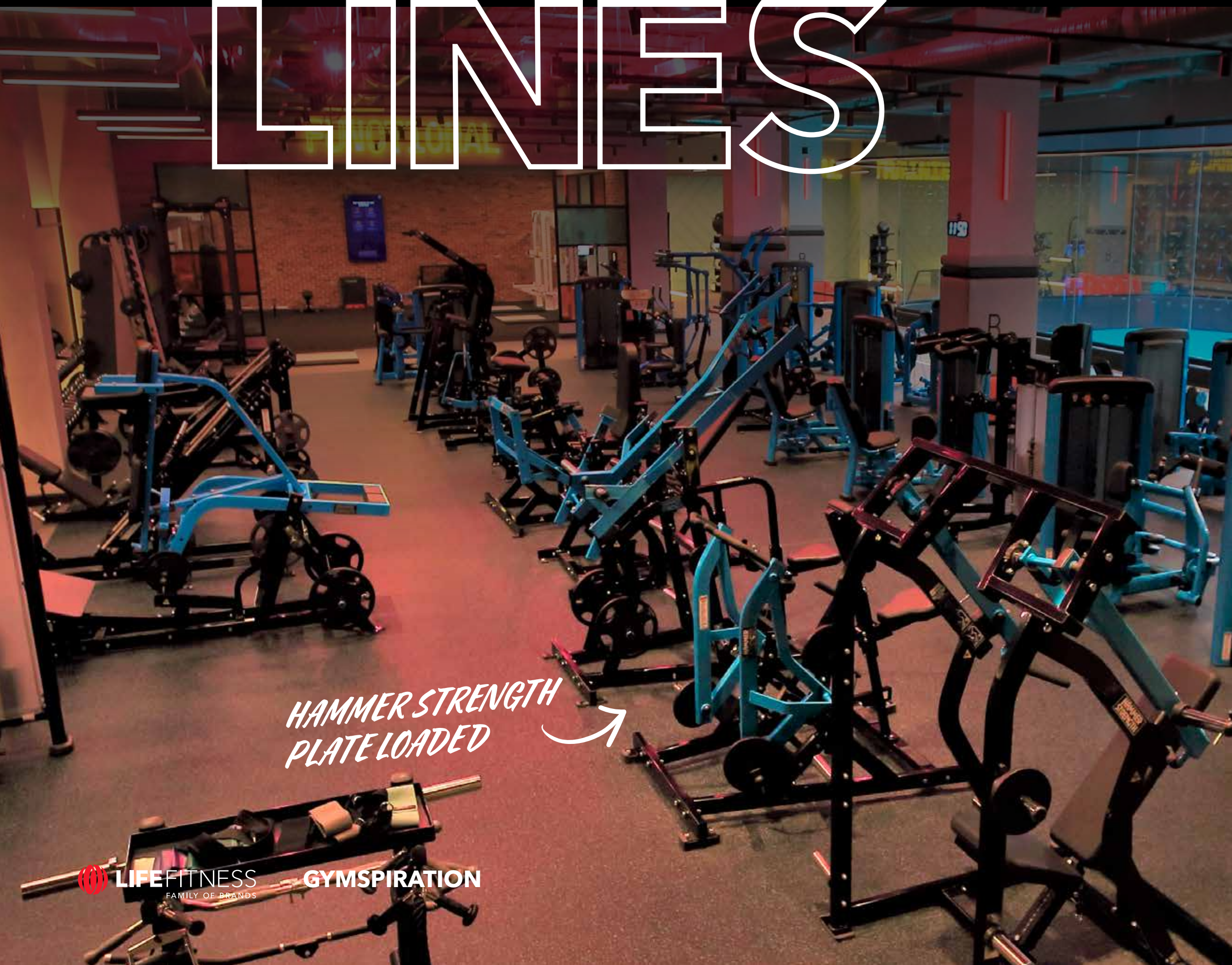


B\_Fit brand has managed to build a unique and premium concept that integrates technology into every step that empowers its members to improve mentally, physically, and emotionally.



ABOUT THE BRAND

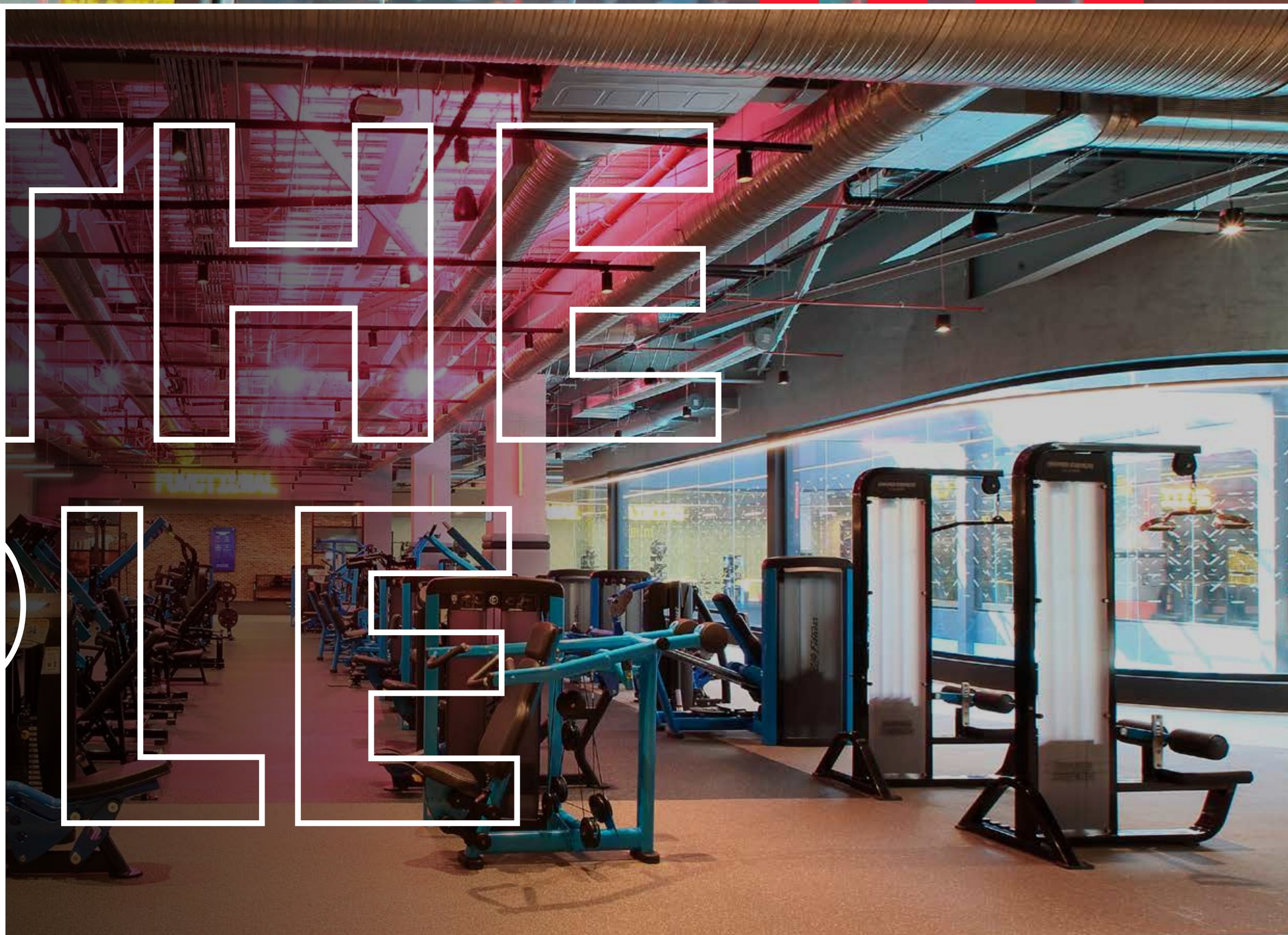
# PRODUCT LINES







# FOR THE PEOPLE



## KEY STATS

GYM FLOOR, GROUP TRAINING EXPERIENCES,  
SPA, CAFÉ AND CO-WORKING AREAS.  
LADIES-ONLY CLUB.  
3,800 SQM











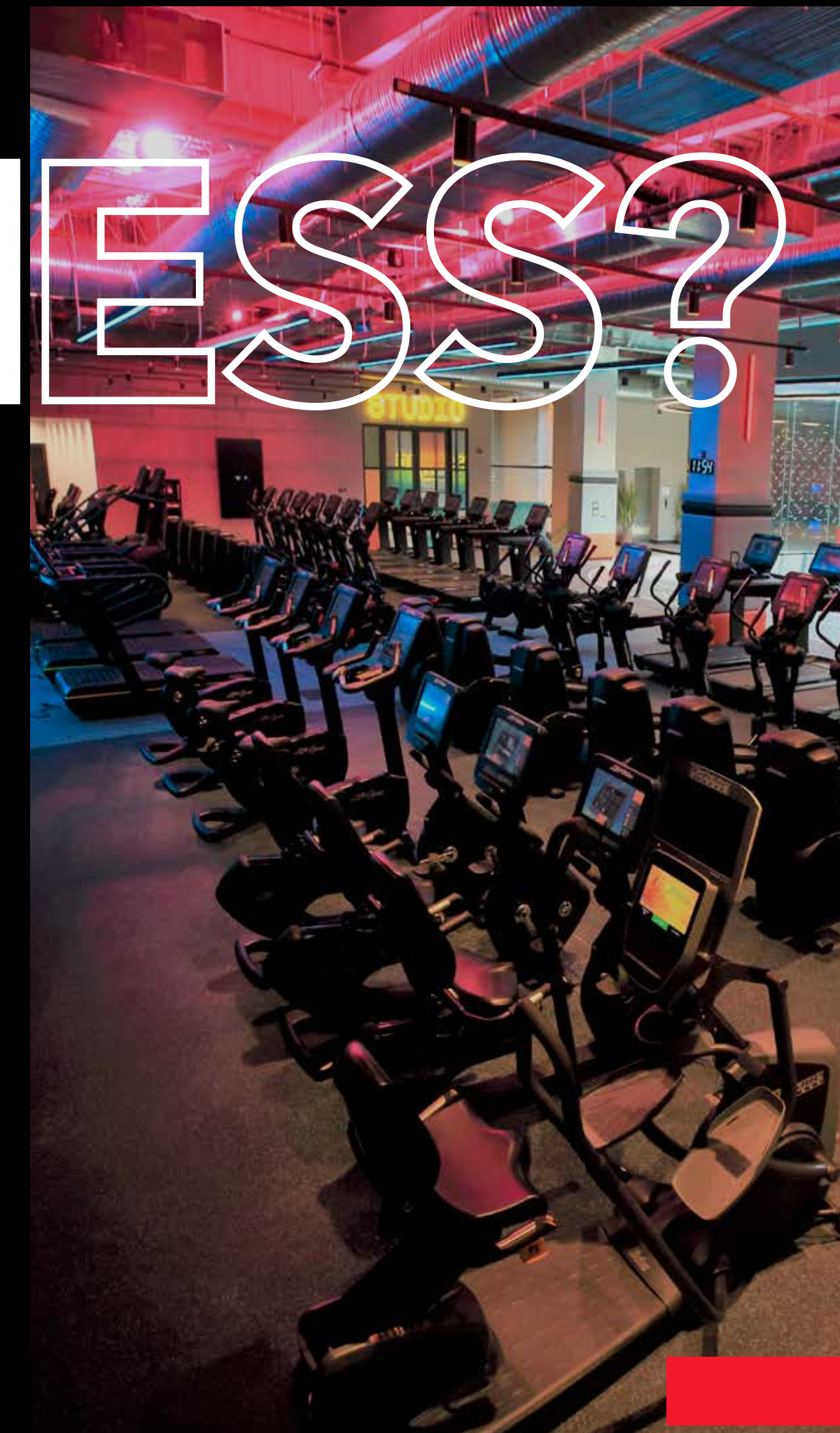
TESTIMONIAL

WHY

LIFE FITNESS

With technology and innovation being key aspects of our club, we need to be confident that we are always offering the best fitness experience. We can rely on Life Fitness to achieve it.

*B\_Fit Team*





**ANYTIME FITNESS BENNEKOM**

# ANYTIME FITNESS





# //COMFORT AND INCLUSIVITY//

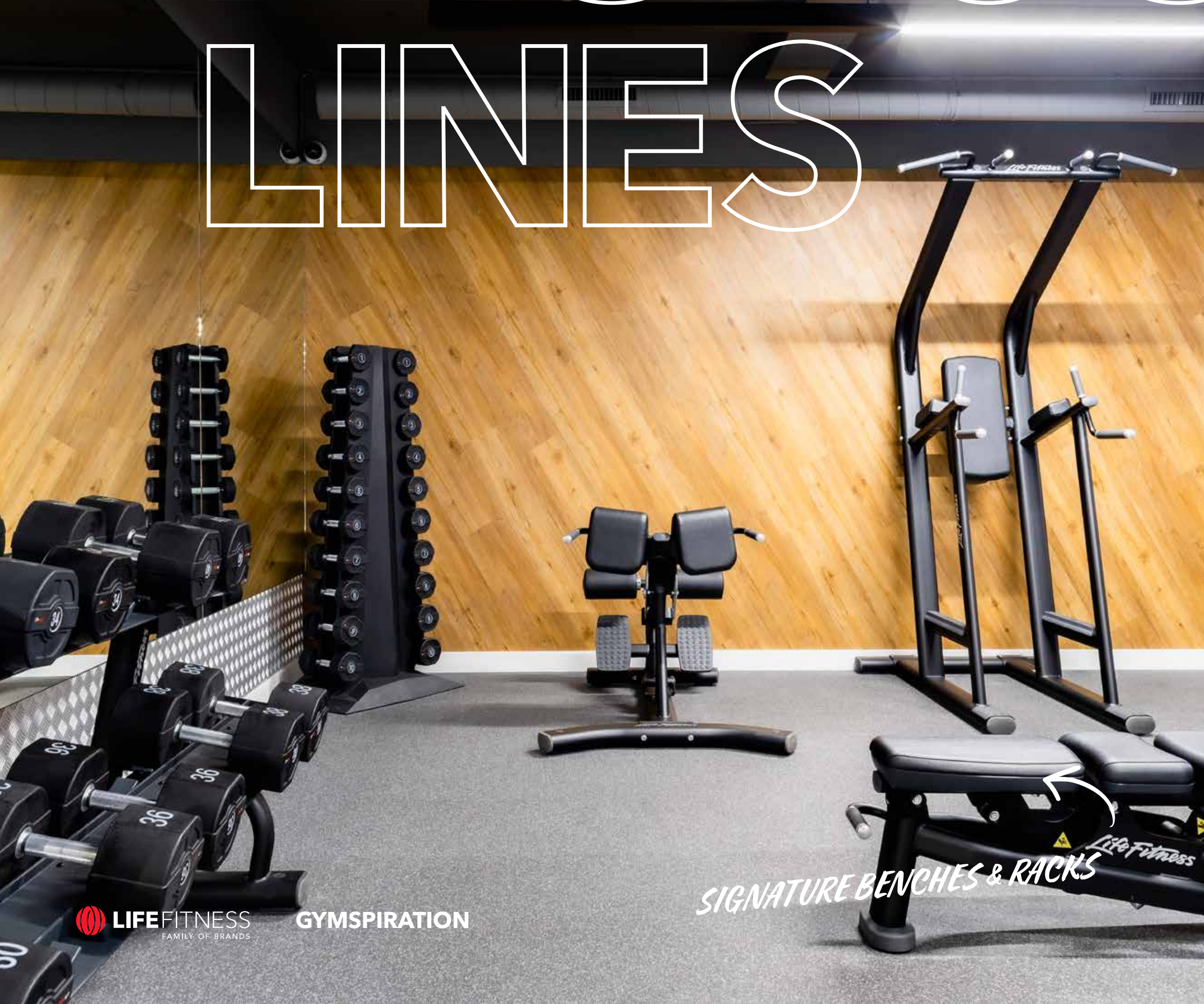
*24/7 ACCESS TO ALL OF THEIR  
+5,000 CLUBS WORLDWIDE.*

Anytime Fitness has set up a smart-looking, non-intimidating environment that synergizes with the brand's values, and builds an inclusive atmosphere to bring fitness to anyone, anywhere, and whenever.



ABOUT THE BRAND

# PRODUCT LINES



 **LIFEFITNESS**  
FAMILY OF BRANDS

**GYMSPARATION**

*SIGNATURE BENCHES & RACKS*



*INTEGRITY TREADMILL  
WITH SE3HD CONSOLE*



*ROW GX*



# BRING FITNESS TO ANYONE

## KEY STATS

LOCATED IN THE CITY OF BENNEKOM  
IN THE NETHERLANDS.  
350 SQM









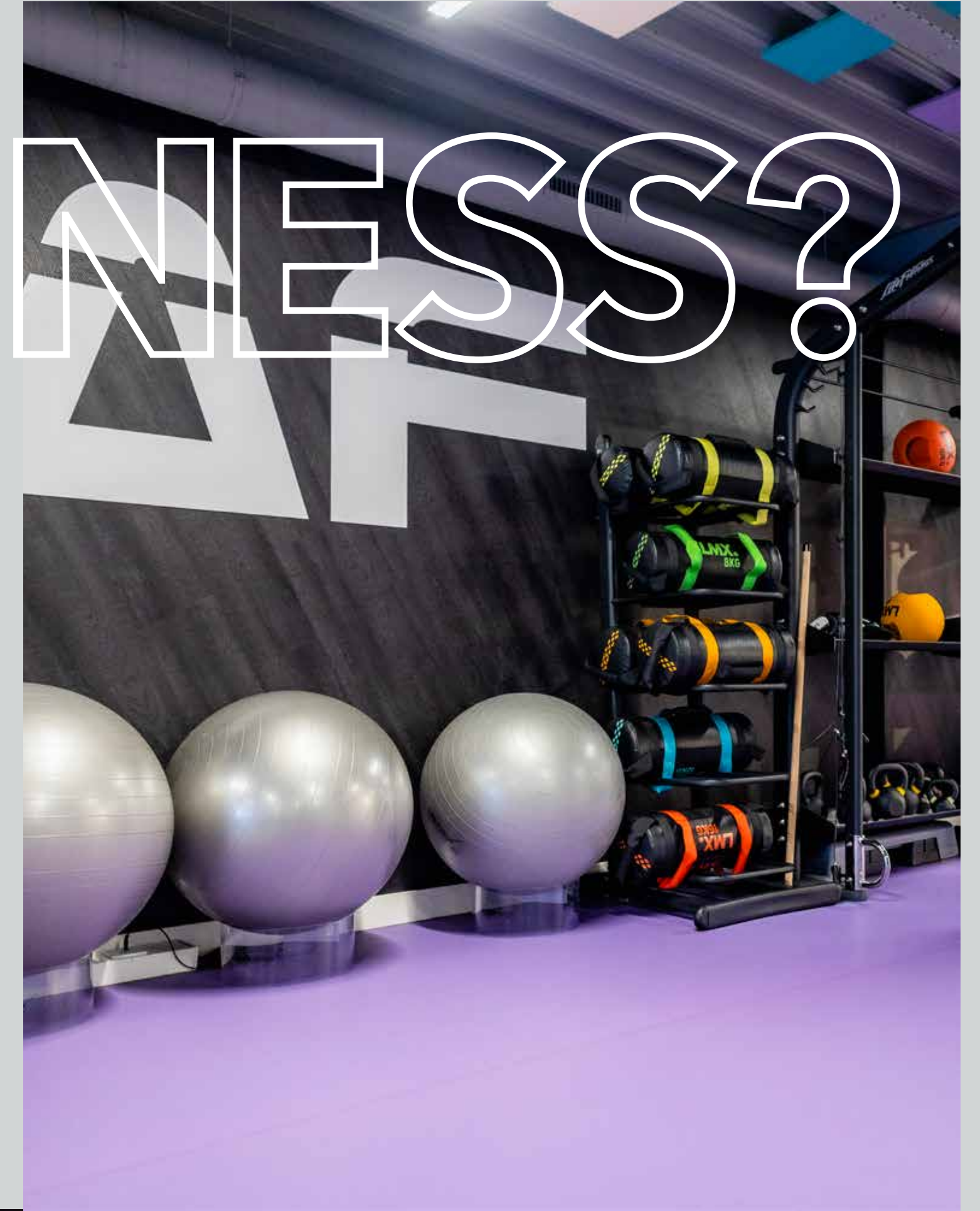


TESTIMONIAL

# WHY LIFE FITNESS?

Convenience and comfort, together with inclusivity, are the values that we pursue. Together with Life Fitness, we can offer it with the addition of having a top-of-the-line design.

*AF Bennekom Team*







**UFC GYM UK**



# TRAIN DIFFERENT



*ALL-AROUND OFFERING WITH  
CARDIO AND STRENGTH AREAS,  
MATTED ZONE, CAFÉ, AND SAUNA.*



UFC GYM in the UK sets up an inclusive environment inside an affordable premium gym focused on bringing a multidisciplinary fitness experience mixing mixed-martial arts with traditional fitness training.



ABOUT THE BRAND

# PRODUCT LINES





# FITNESS EXPERIENCE

## KEY STATS

LOCATED IN THE CITY OF  
NOTTINGHAM, UK.  
1,660 SQM













TESTIMONIAL

# WHY

# LIFE FIT NESS?

□□ UFC GYM® is for anybody looking to freshen up their exercise routine with a fun, innovative workout. Beginner or expert, young or old – UFC GYM is for everyone. Life Fitness has been there to deliver what we needed when we needed. □□  
*UFC Gym Team*





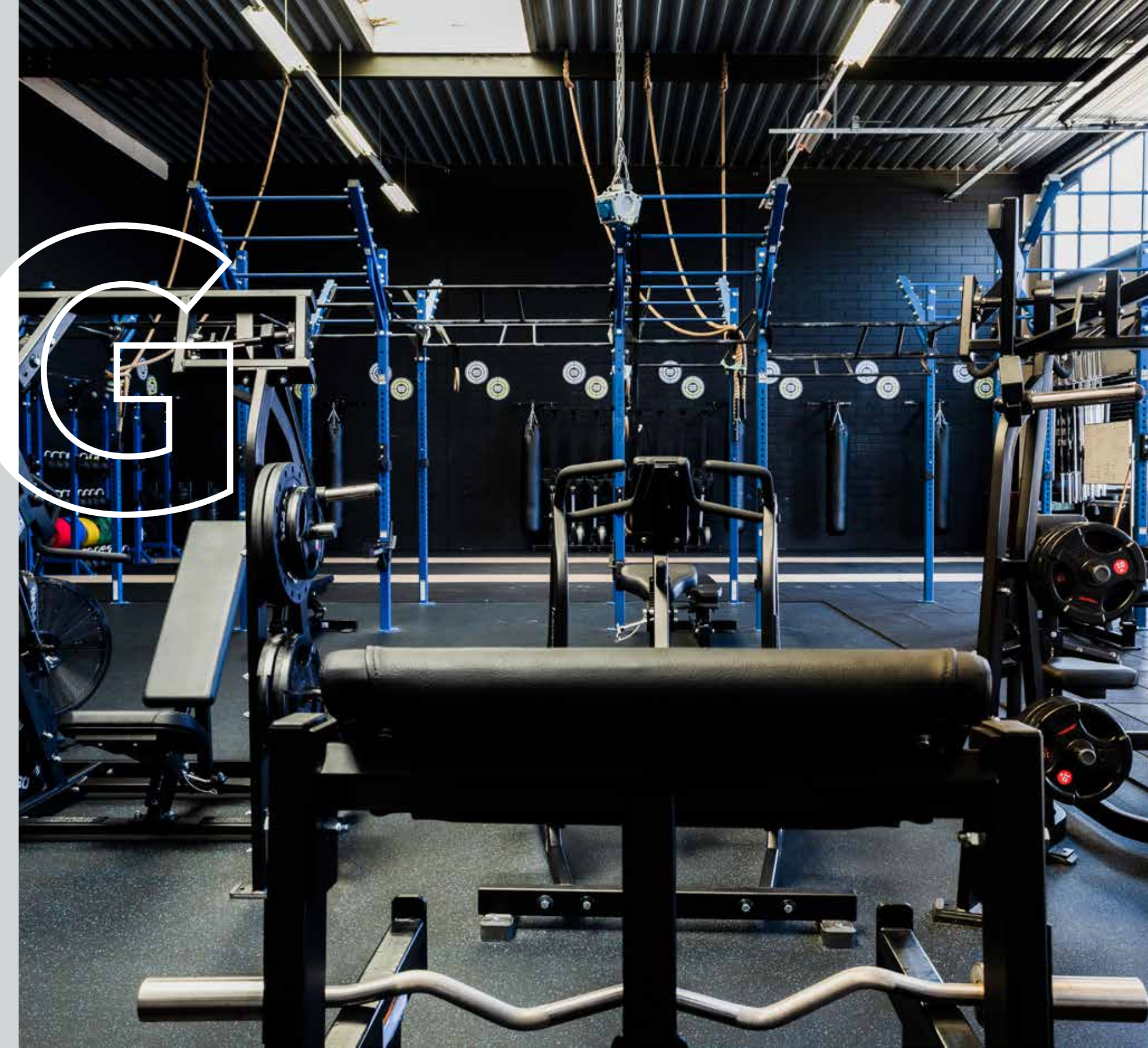
RPTC

# RPTC



# // BUILDING BETTER LIVES //

*INDIVIDUAL DESIGN,  
FUNCTIONAL FITNESS,  
WEIGHTLIFTING AND  
POWERLIFTING.*

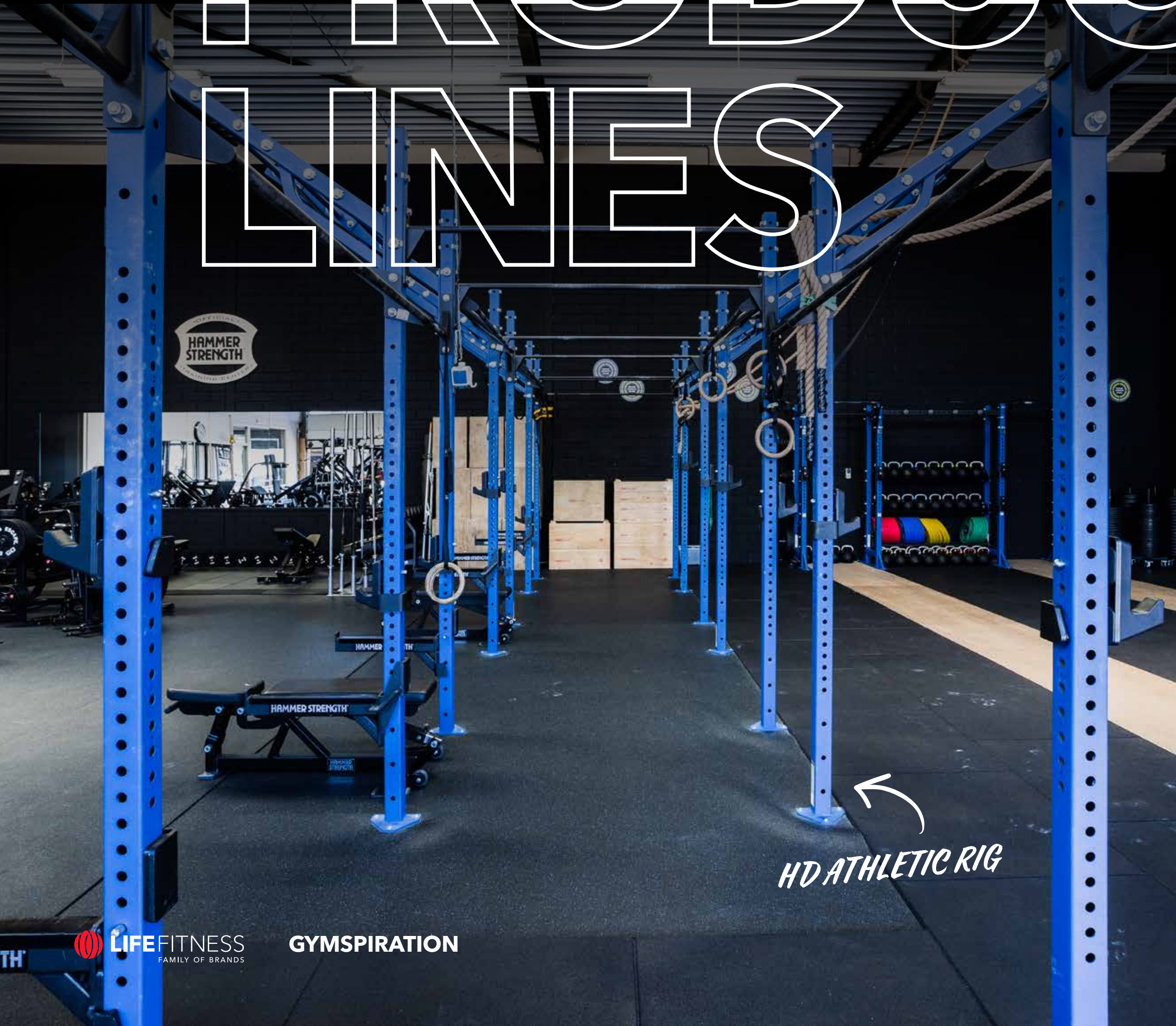


Resilience Performance Training Center is an all-coaching gym in a premium fitness facility. The gym's main values succeed in making its members live an inspired life through fitness.



ABOUT THE BRAND

# PRODUCT LINES



HD ATHLETIC RIG



HAMMER STRENGTH  
PLATE LOADED



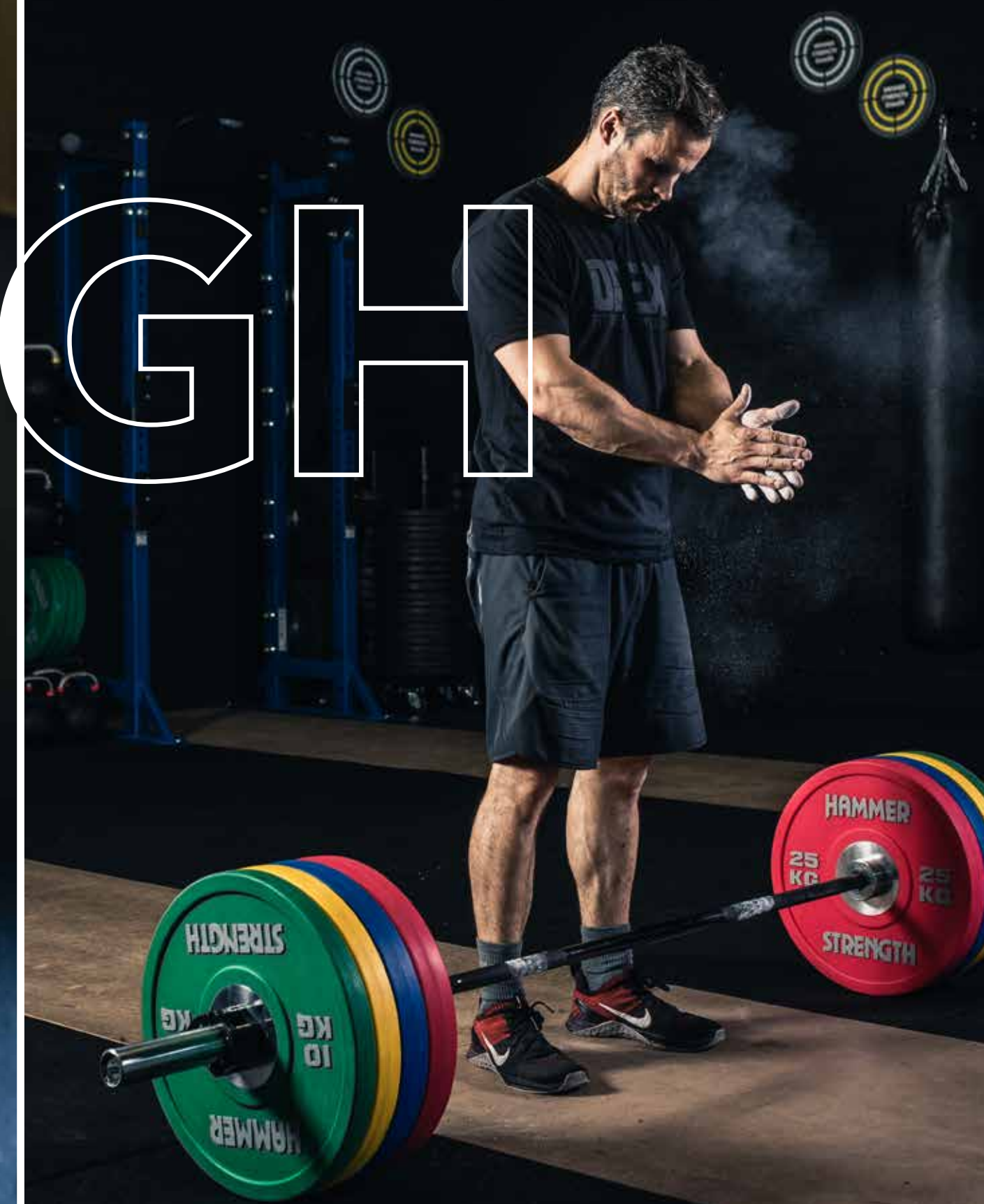
HAMMER STRENGTH  
ACCESSORIES



# LIFETHROUGH FITNESS

## KEY STATS

LOCATED IN THE TOWN OF BARENDRECHT  
IN THE NETHERLANDS.  
1,100 SQM











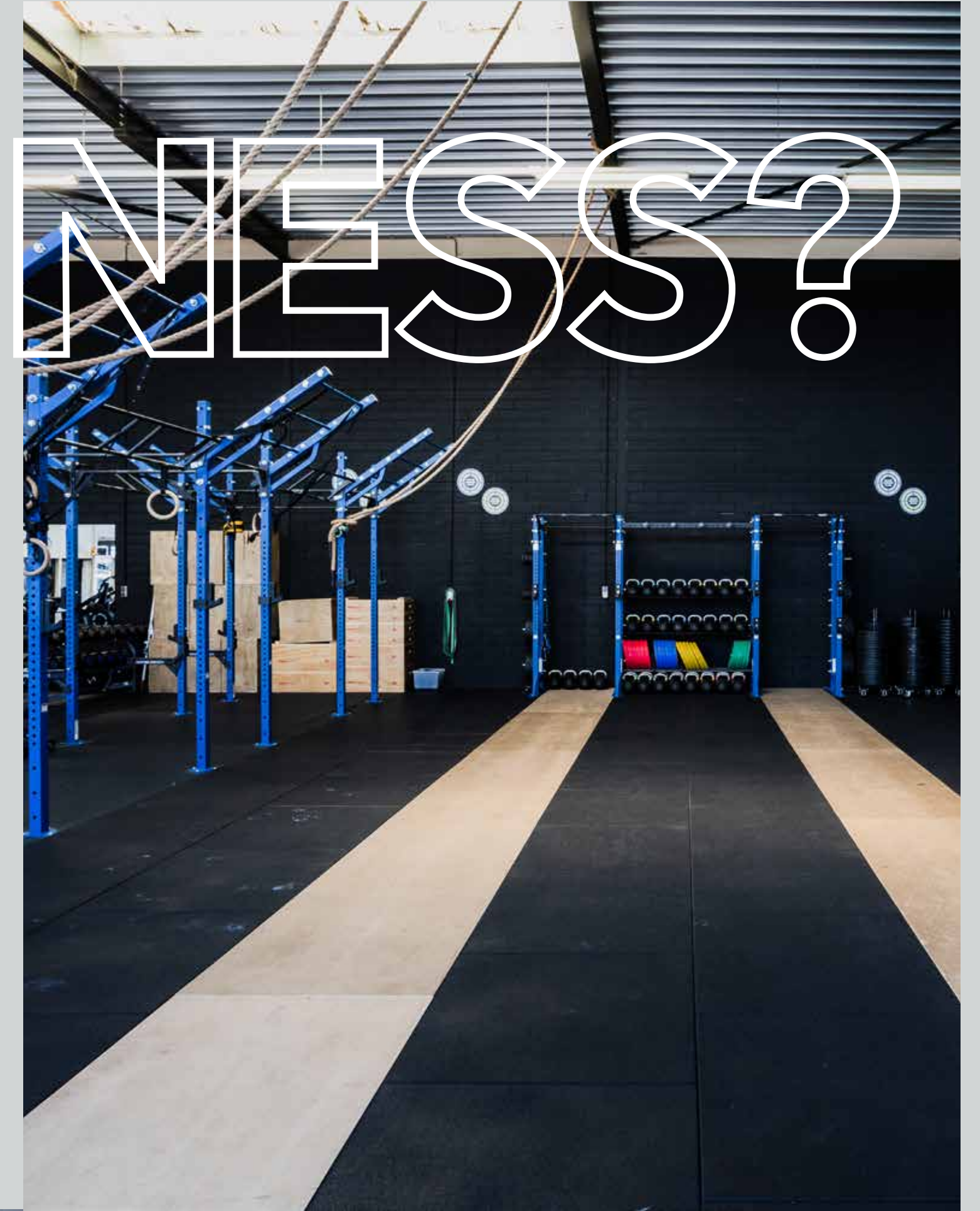


## TESTIMONIAL

# WHY LIFE FITNESS?

▣▣ We aim to build better lives through fitness and we have gone through a big journey of development and expansion in order to reach our goals. Life Fitness was a big part of that journey with its equipment and advice.▣▣

*RPTC team*





# 1 REBEL

REBEL



# // AN EXCEPTIONAL SPACE //

*ACCESS TO ALL OF THEIR  
CLUBS WORLDWIDE.*

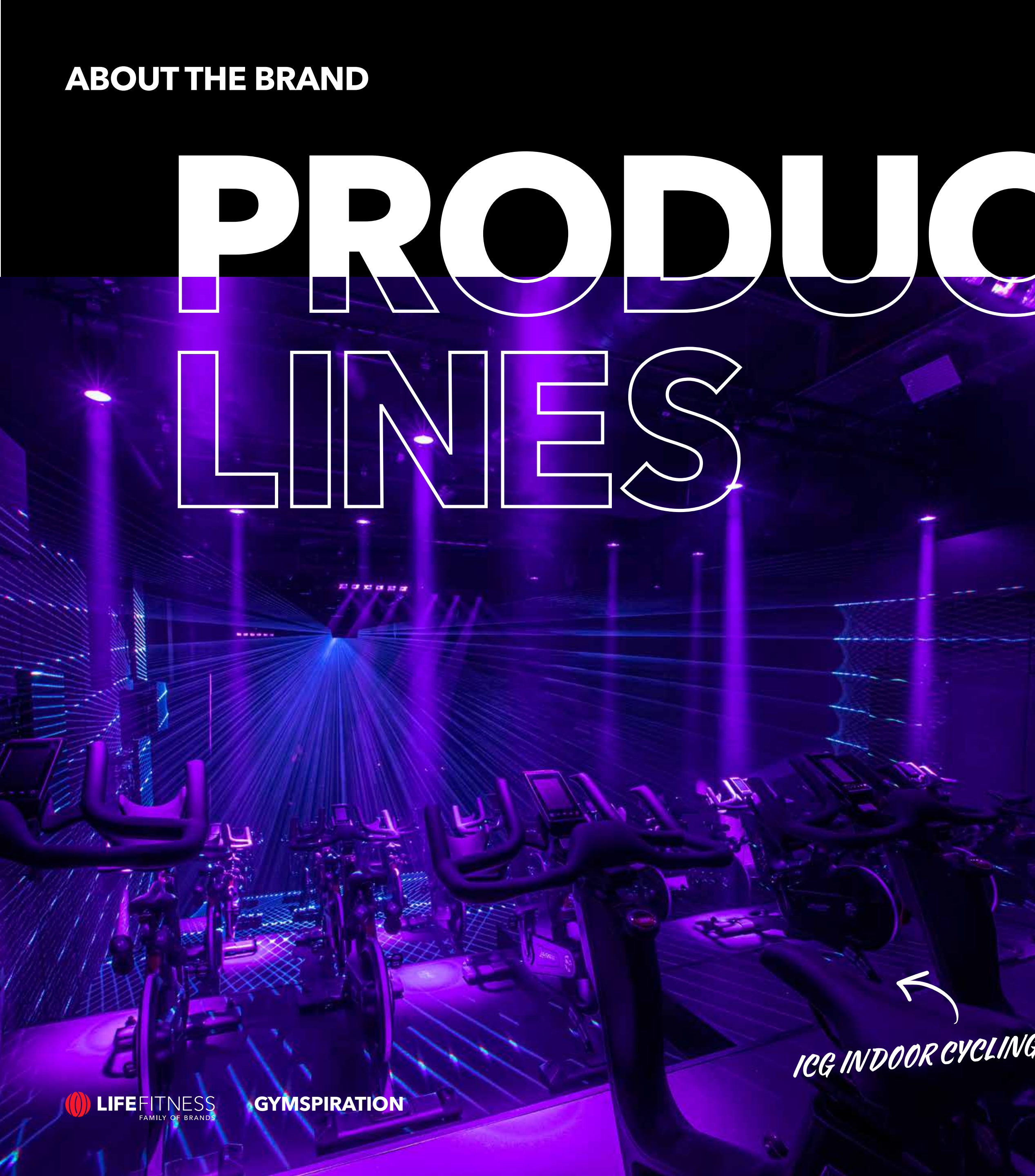


1Rebel offers high intensity, high octane fitness sessions against a backdrop of bespoke music for anyone looking to have a high-end, immersive fitness experience that blurs the lines between fitness and entertainment.



ABOUT THE BRAND

# PRODUCT LINES



←  
*ICG INDOOR CYCLING BIKES*



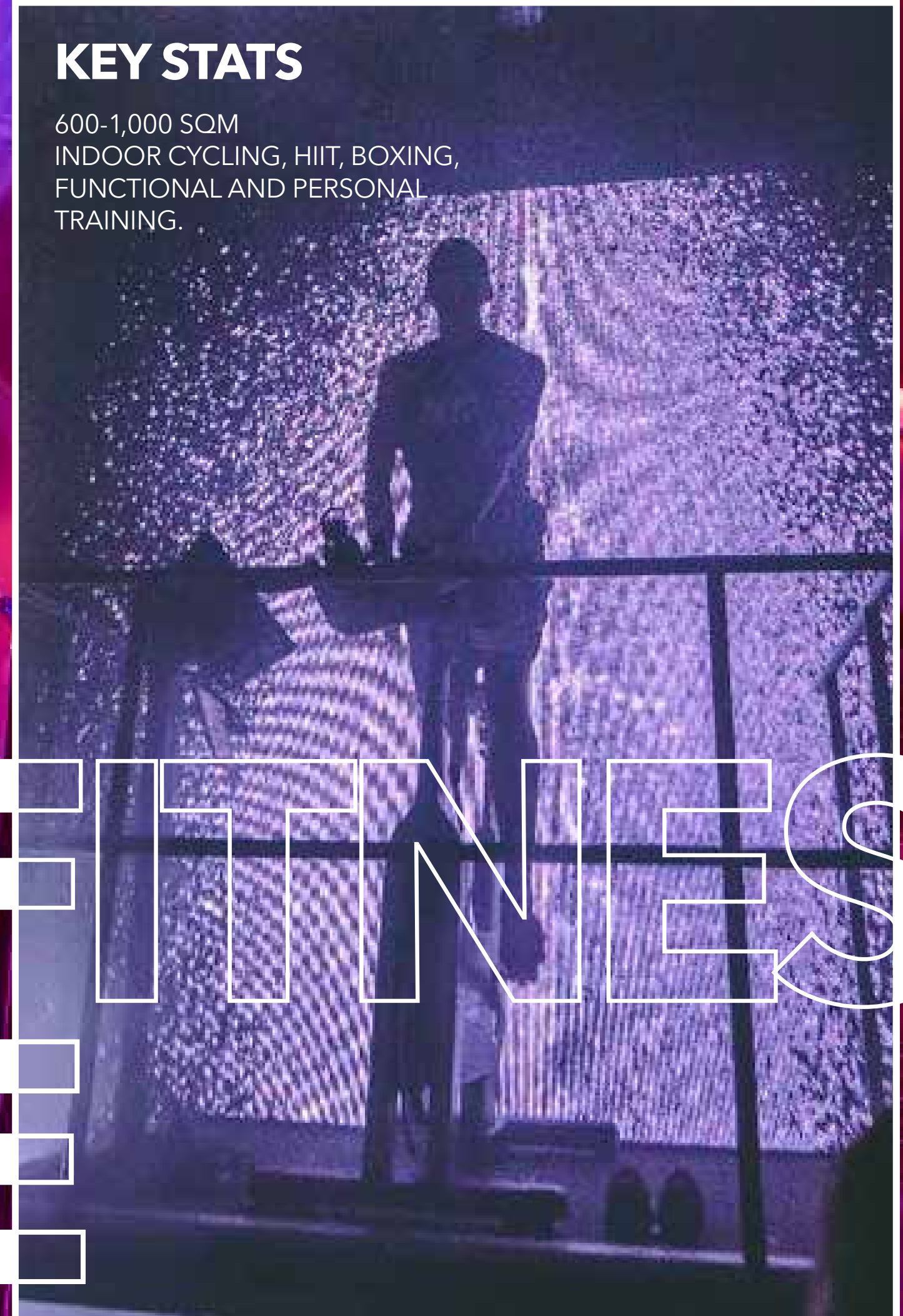




REBEL

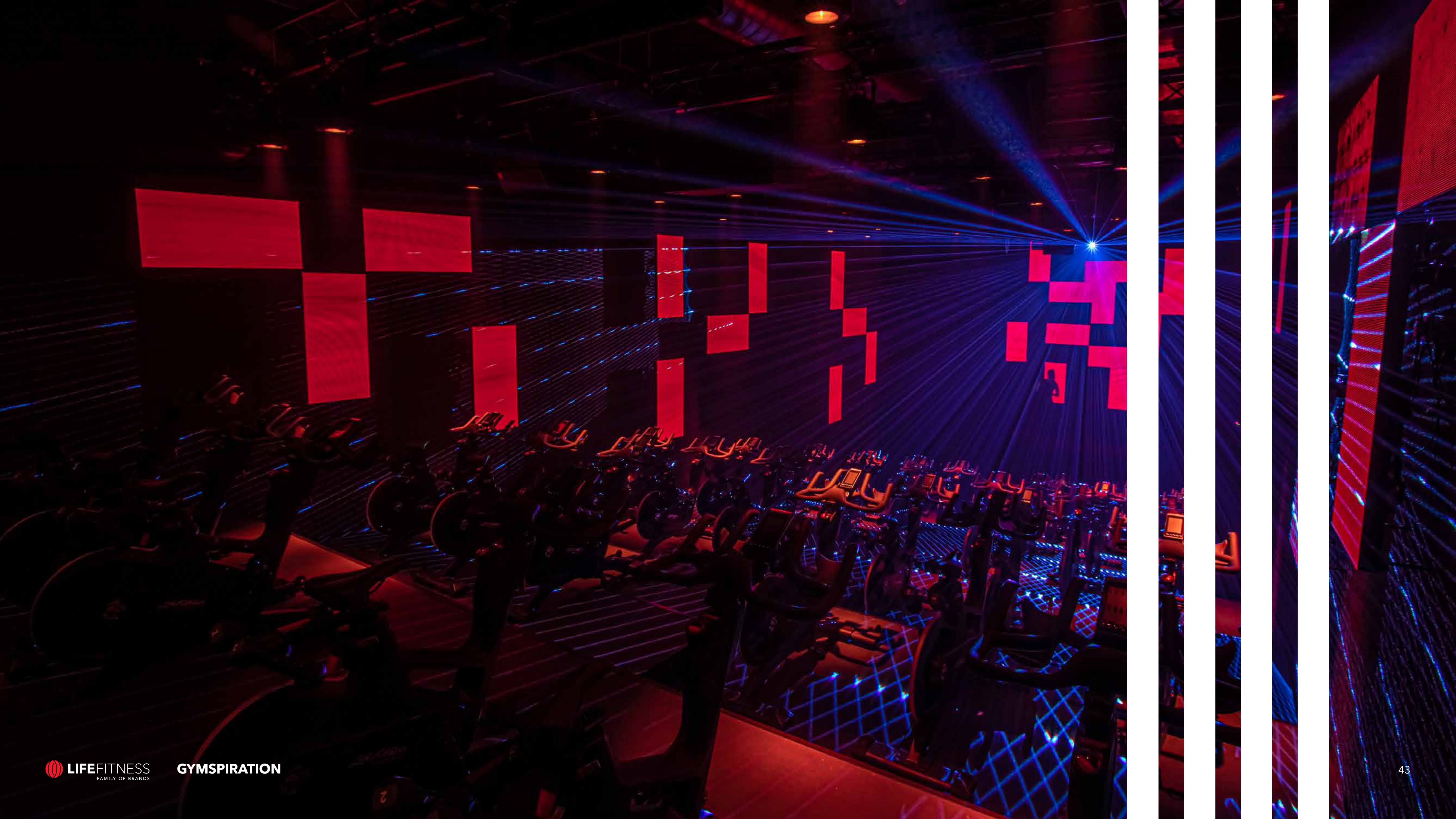
## KEY STATS

600-1,000 SQM  
INDOOR CYCLING, HIIT, BOXING,  
FUNCTIONAL AND PERSONAL  
TRAINING.

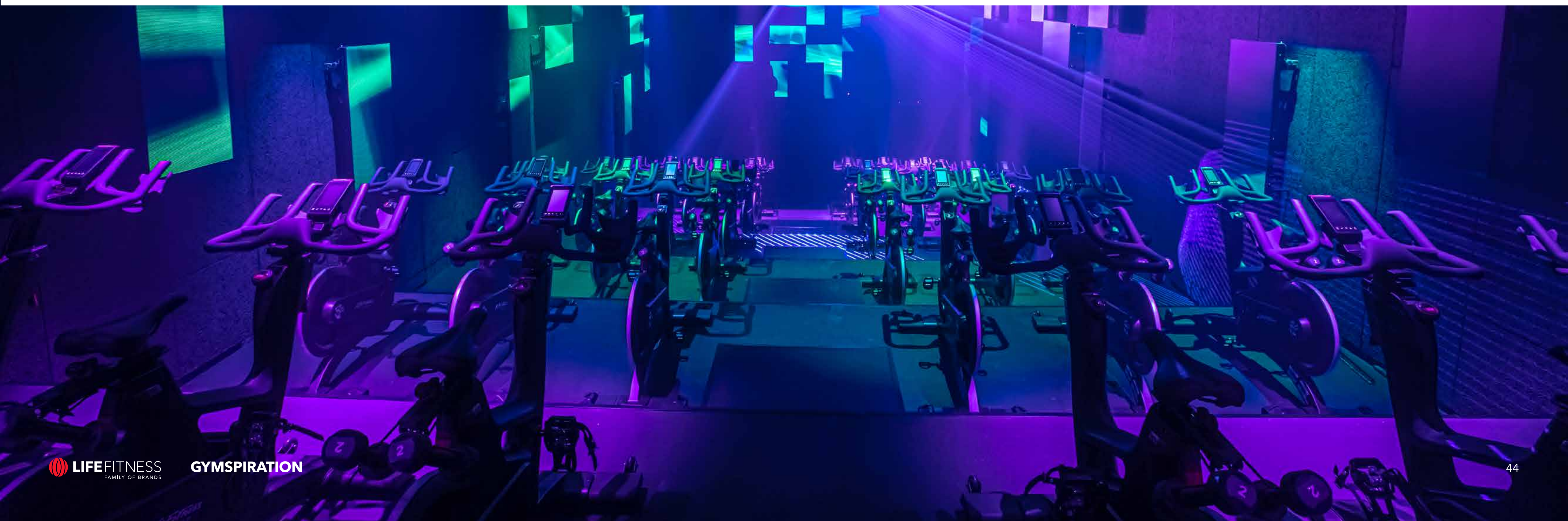
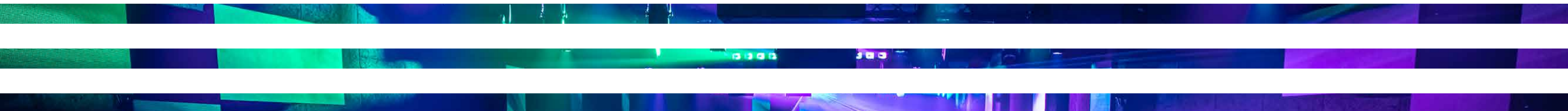


# IMMERSIVE FITNESS EXPERIENCE











TESTIMONIAL

# WHY

# LIFE FITNESS

▮▮ The theatre has hosted live bands, live DJs, electric violin and saxophone sessions, and a dance party, in addition to the regular Ride programming that we run throughout the week. ▮▮  
It really is an exceptional space.  
*1Rebel Team*







**UPPER  
CLUB**



# THE PLACE TO BE

LOCATED IN THE CITY OF  
ROOSENDAAL IN THE NETHERLANDS.



LIFE FITNESS  
FAMILY OF BRANDS

GYMSPIRATION

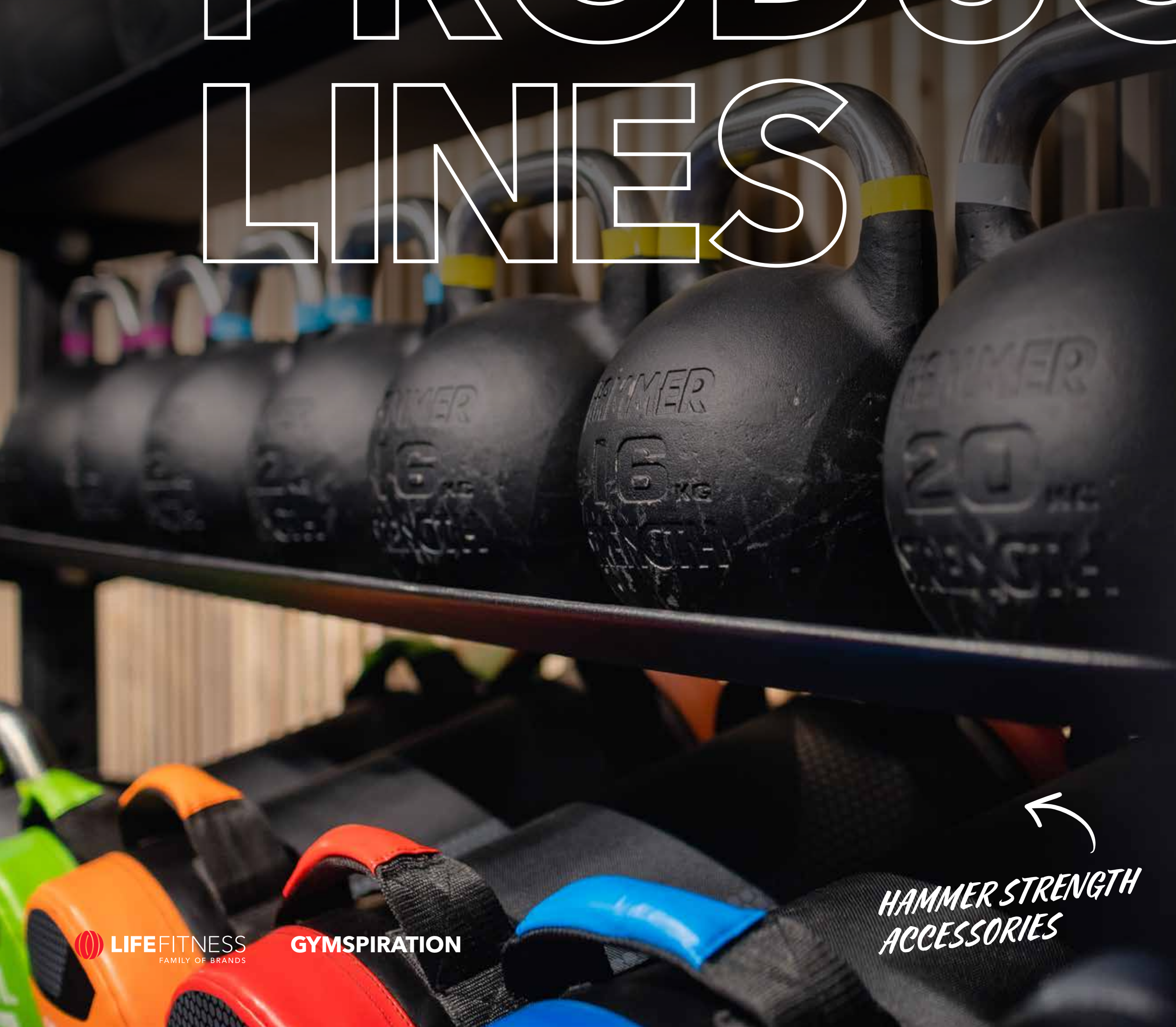


The Upper Club is a social club that makes its members feel good and at home with personal guidance, challenging group workouts, a lovely sauna, and a cozy bar. The Upper Club is the place to be to work on a healthy lifestyle.



ABOUT THE BRAND

# PRODUCT LINES



 **LIFEFITNESS**  
FAMILY OF BRANDS

**GYMSPIRATION**

*HAMMER STRENGTH  
ACCESSORIES*



*HD ELITE RACK  
& PLATFORM*



*CYBEX SPARC*



# CHALLENGING GROUP WORKOUTS

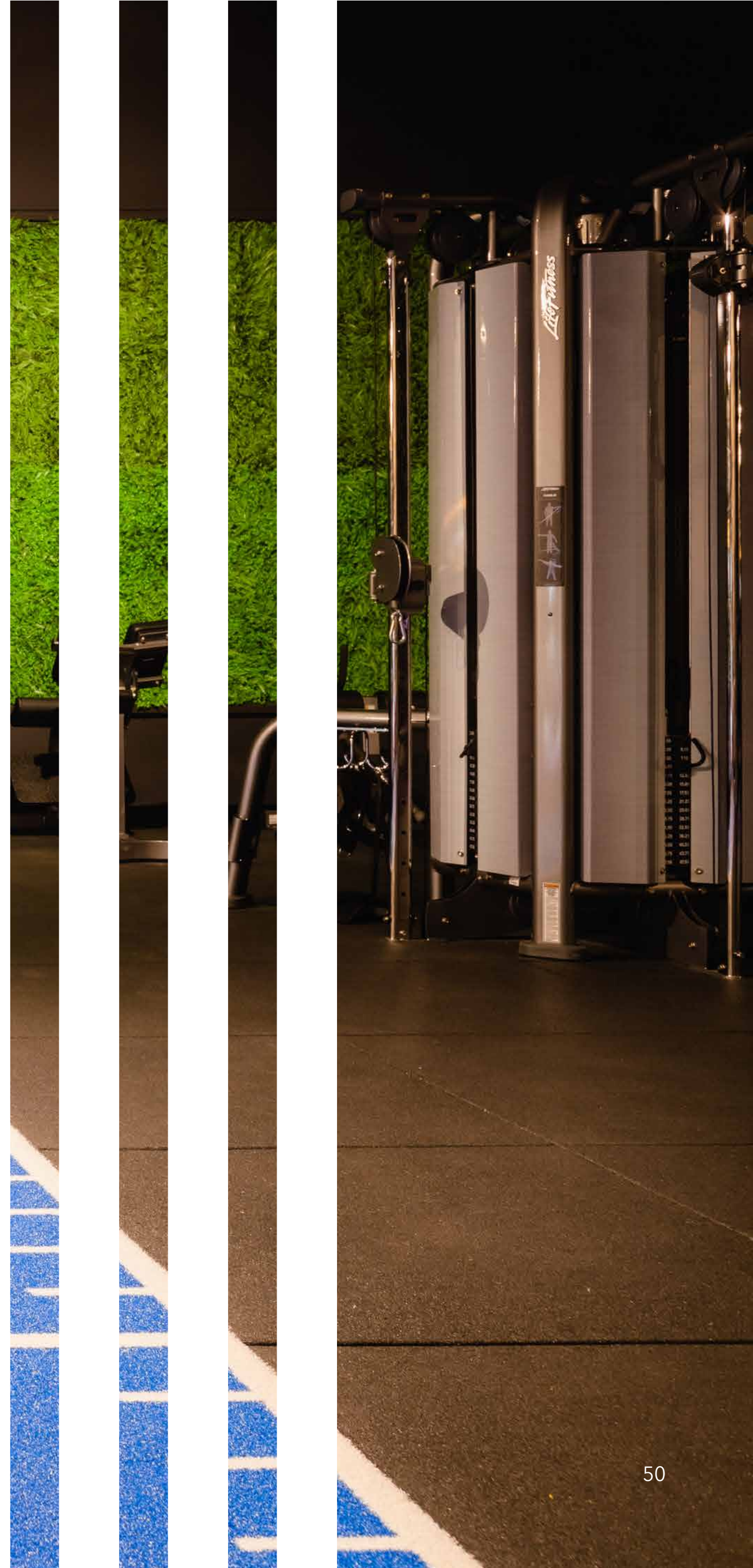
## KEY STATS

500 SQM OF GYM, FUNCTIONAL ZONE,  
BAR, AND WELL-BEING AREAS.  
550 MEMBERS.

THE UPPER CLUB













## TESTIMONIAL

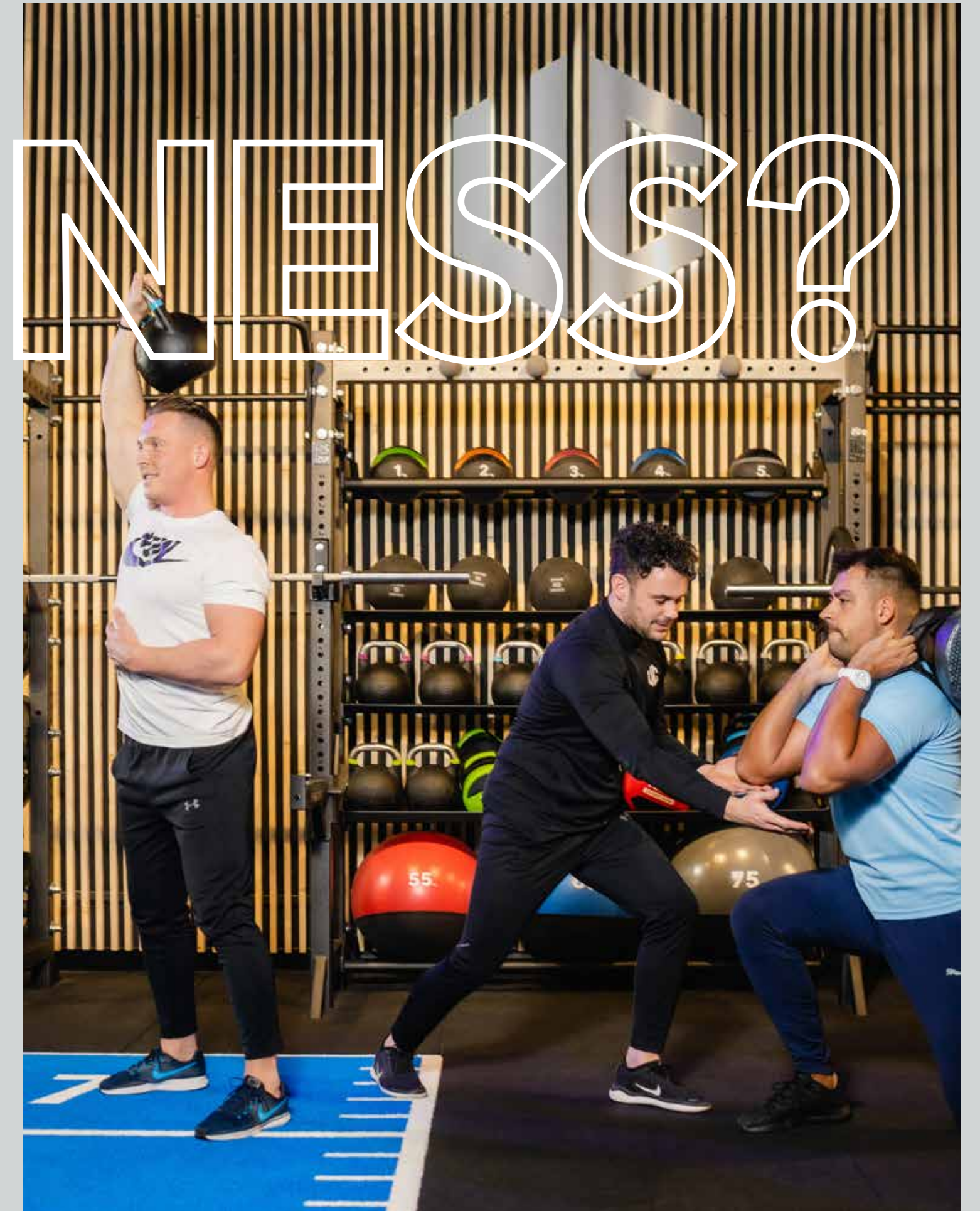
# WHY

# LIFE FITNESS

# NESS?

□□ We have the ambition to help our members grow and achieve their goals. For us, it's of key importance to pay sincere attention to them to the point where not only we know what they want to achieve but also which drink they prefer to take after the workout. □□

*Upper Club Team*







#HARDER

**METABOLIK**



# BE DIFFERENT



*LOCATED IN THE CITY OF  
AIX-EN-PROVENCE IN FRANCE*



Metabolik is a performance-oriented social sports club that offers a wide variety of group-training sessions inside a state-of-the-art gym with an iconic design and top-of-the-line equipment.



ABOUT THE BRAND

# PRODUCT LINES



 **LIFEFITNESS**  
FAMILY OF BRANDS

**GYMSPARATION**



  
**LIFE FITNESS  
POWERMILL**



  
**HAMMER STRENGTH  
PLATE LOADED**





# SOCIAL SPORTS CLUB

## KEY STATS

1,000 SQM WITH CARDIO, STRENGTH, FUNCTIONAL, BOXING, AND CYCLING ZONES AND A PROTEIN BAR.











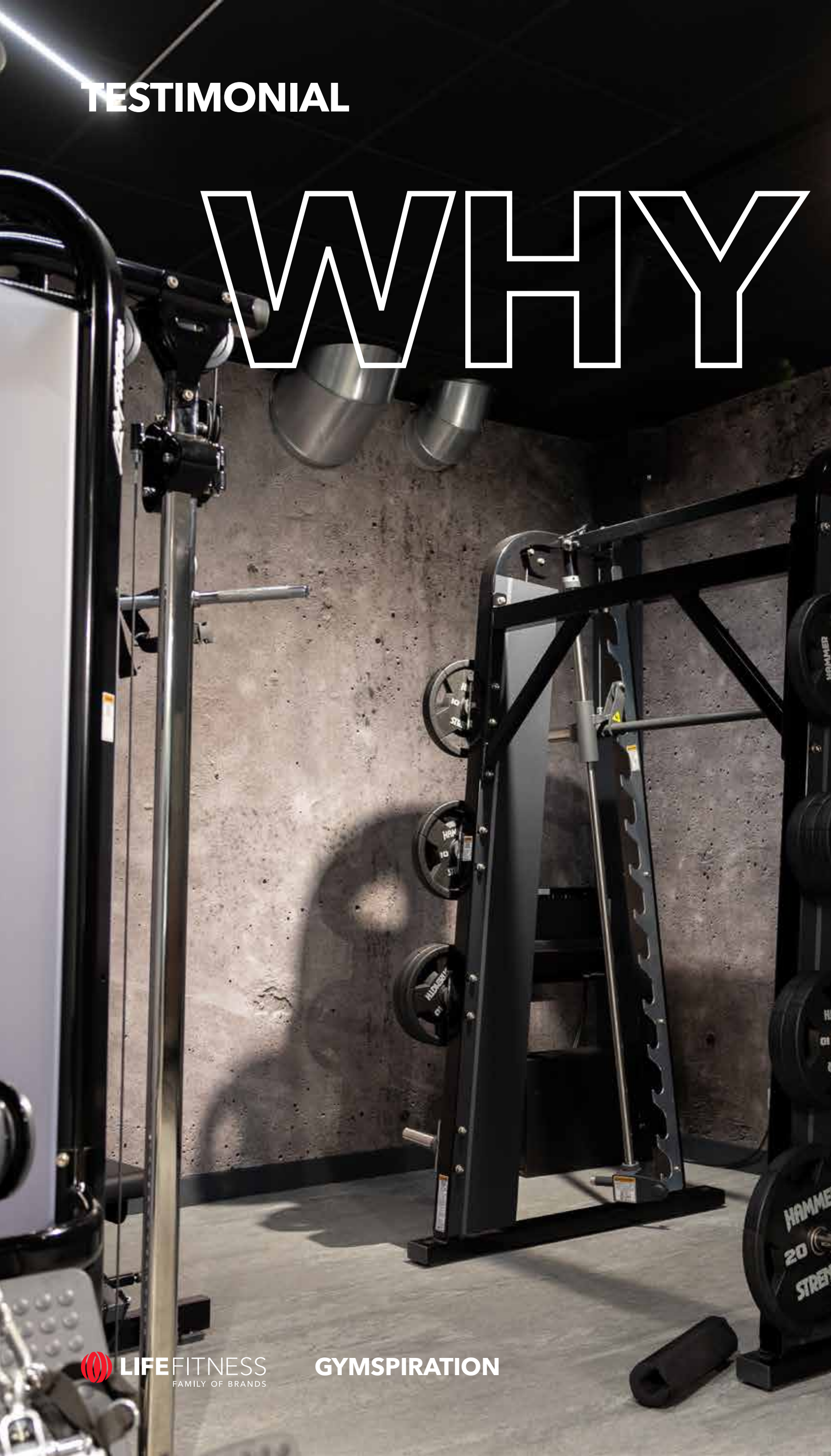


TESTIMONIAL

# WHY

# LIFE FITNESS?

□□ We have the clear vision of not wanting to be like other operators in the country, we want to be different and offer a unique fitness and group training experience. □□  
*Metabolik Team*







**GYMOTION**



# JOIN THE REBELLION



*LOCATED IN THE CITY OF  
ISTANBUL, TURKEY*

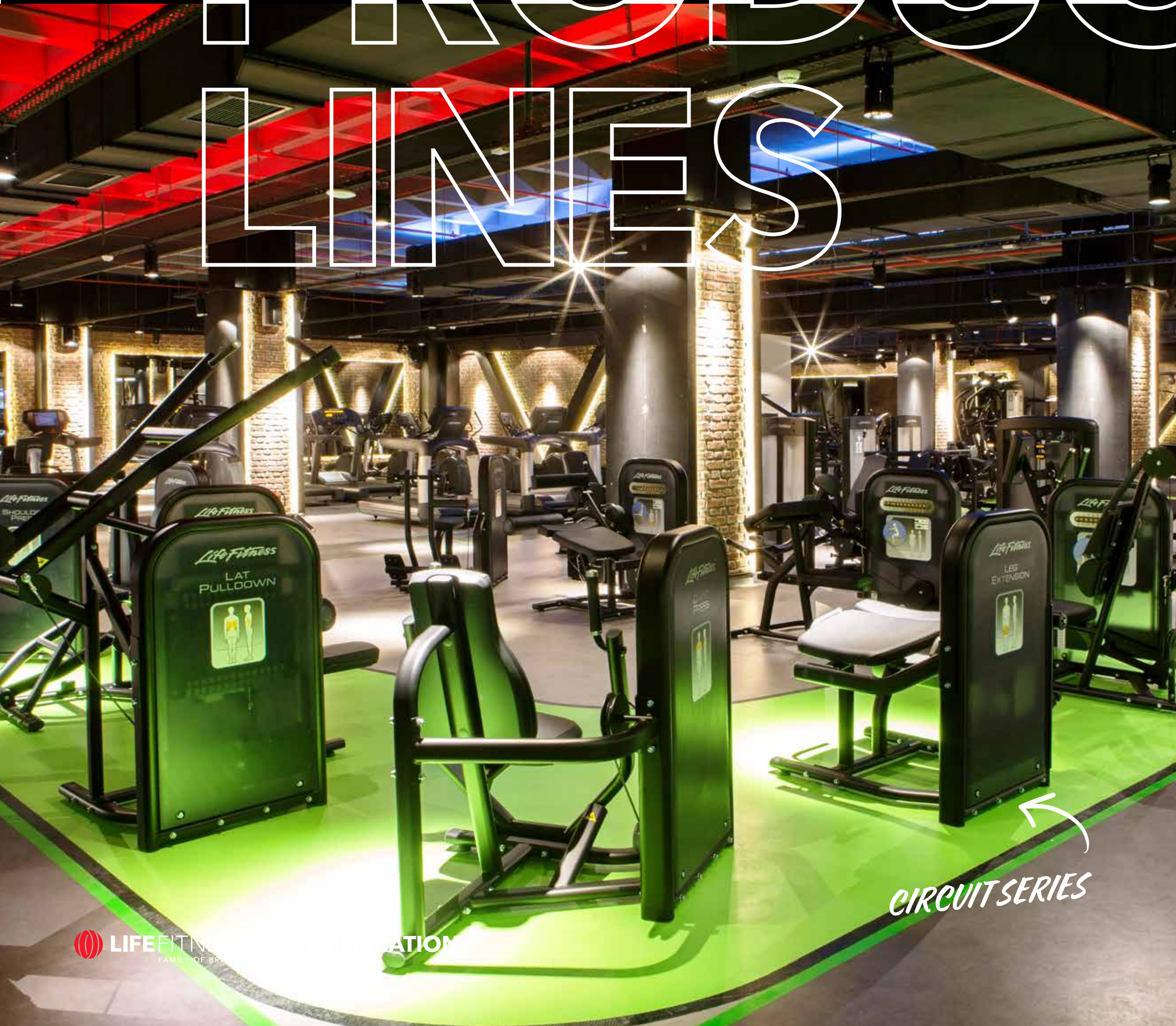


Gymotion creates an immersive experience inside a unique atmosphere for anyone who wishes for a healthier life through different areas and in-club boutiques that range from functional training and indoor cycling to boxing.



ABOUT THE BRAND

# PRODUCT LINES



CIRCUIT SERIES



SIGNATURE  
BENCHES & RACKS



ELEVATION TREADMILL





# A UNIQUE ATMOSPHERE

## KEY STATS

LOCATED IN THE CITY OF ISTANBUL IN TURKEY  
1,800 SQM OF FITNESS AREAS AND MINIBAR  
2,000 MEMBERS







LIFE FITNESS  
FAMILY OF BRANDS

GYMSPARATION









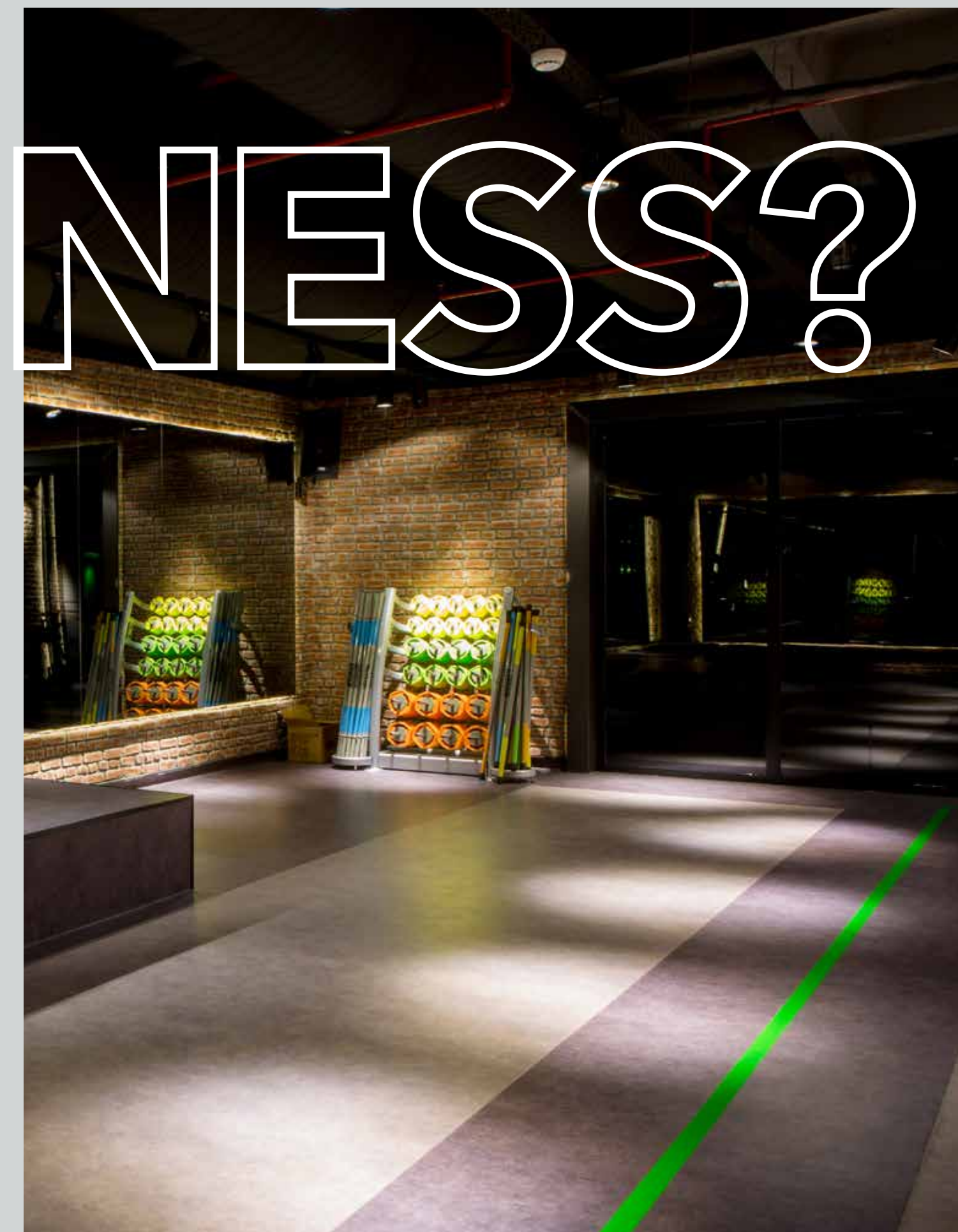
TESTIMONIAL

# WHY

# LIFE FITNESS

□□ We work to enable our members to approach their goals with a results-oriented approach and different training programs. Partnering with Life Fitness, the quality of our equipment and brand awareness have increased people's interest in our club. □□

*Gymotion Team*







# ON AIR

**ON AIR**



# "ORIGINAL FITNESS



*LOCATED IN FRANCE*



On Air provides a unique and original fitness experience that blends sport, music, and design together in one space. With top-of-the-line equipment, performance-oriented training zones, and a lighting design that completes this immersive experience, the youngest members can't stop posting it on social media.



ABOUT THE BRAND

# PRODUCT LINES



*HAMMER STRENGTH  
PLATE LOADED*

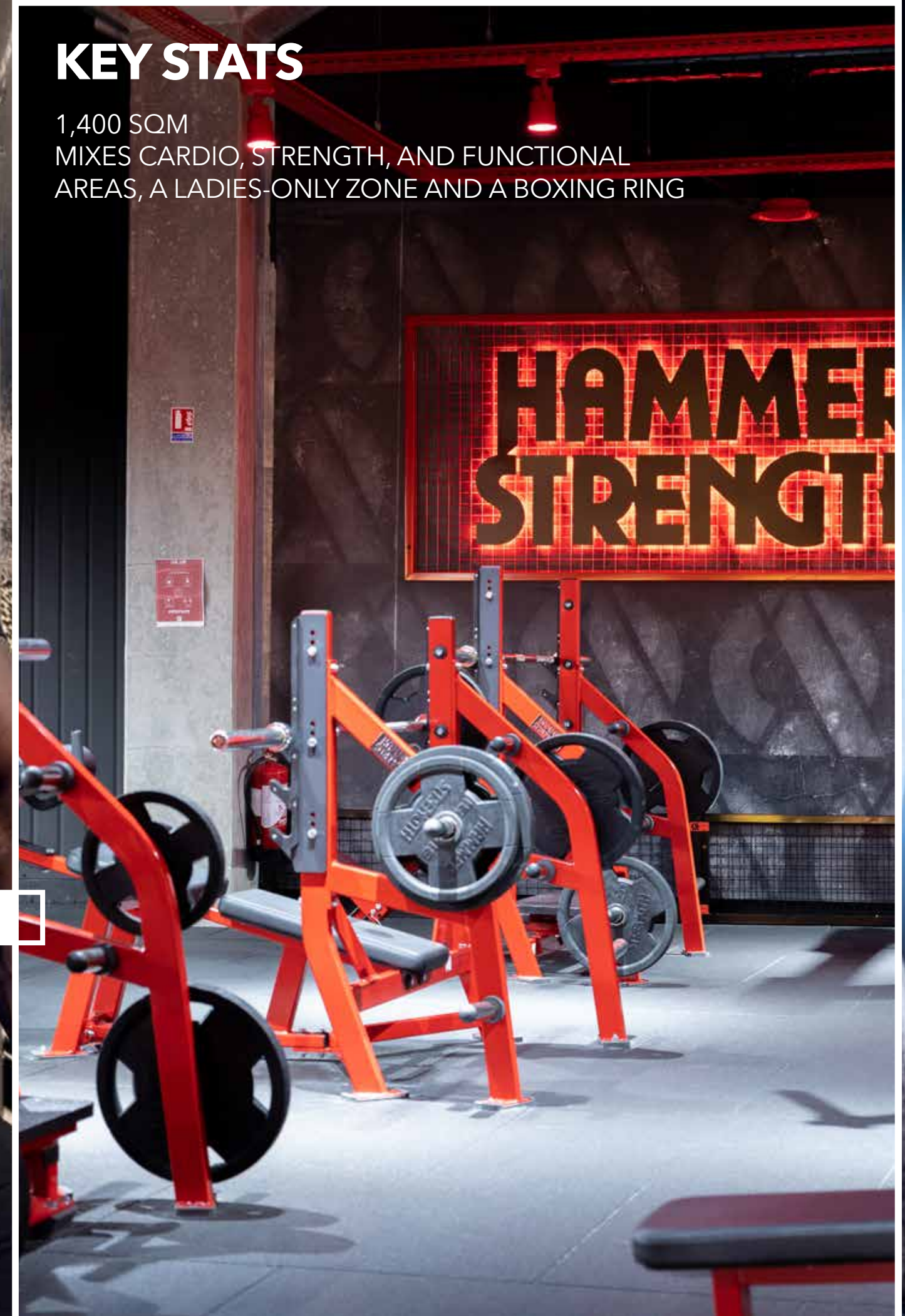




# UNIQUE & ORIGINAL

## KEY STATS

1,400 SQM  
MIXES CARDIO, STRENGTH, AND FUNCTIONAL  
AREAS, A LADIES-ONLY ZONE AND A BOXING RING













## TESTIMONIAL

# WHY

# LIFE FITNESS

▮▮ Everything in our gym needs to precisely fit together and with our audience. In this case, the Hammer Strength equipment and accessories perfectly match with the atmosphere and provide a final touch to the performance-oriented approach. ▮▮  
*On Air Team*







**MODE FITNESS**

MODE  
FITNESS





# AN ELITE PARTNER



*LOCATED IN THE HEART OF THE BUSTLING  
CHICAGO WEST LOOP NEIGHBORHOOD, USA.*



Mode Fitness is a 24-hour fitness club oriented to cover an all-around well-being and fitness routine. Their member base ranges from elite athletes to beginner gym-goers with routines that include personal training, nutrition assessment, and exclusive group classes, all involving cutting-edge equipment.

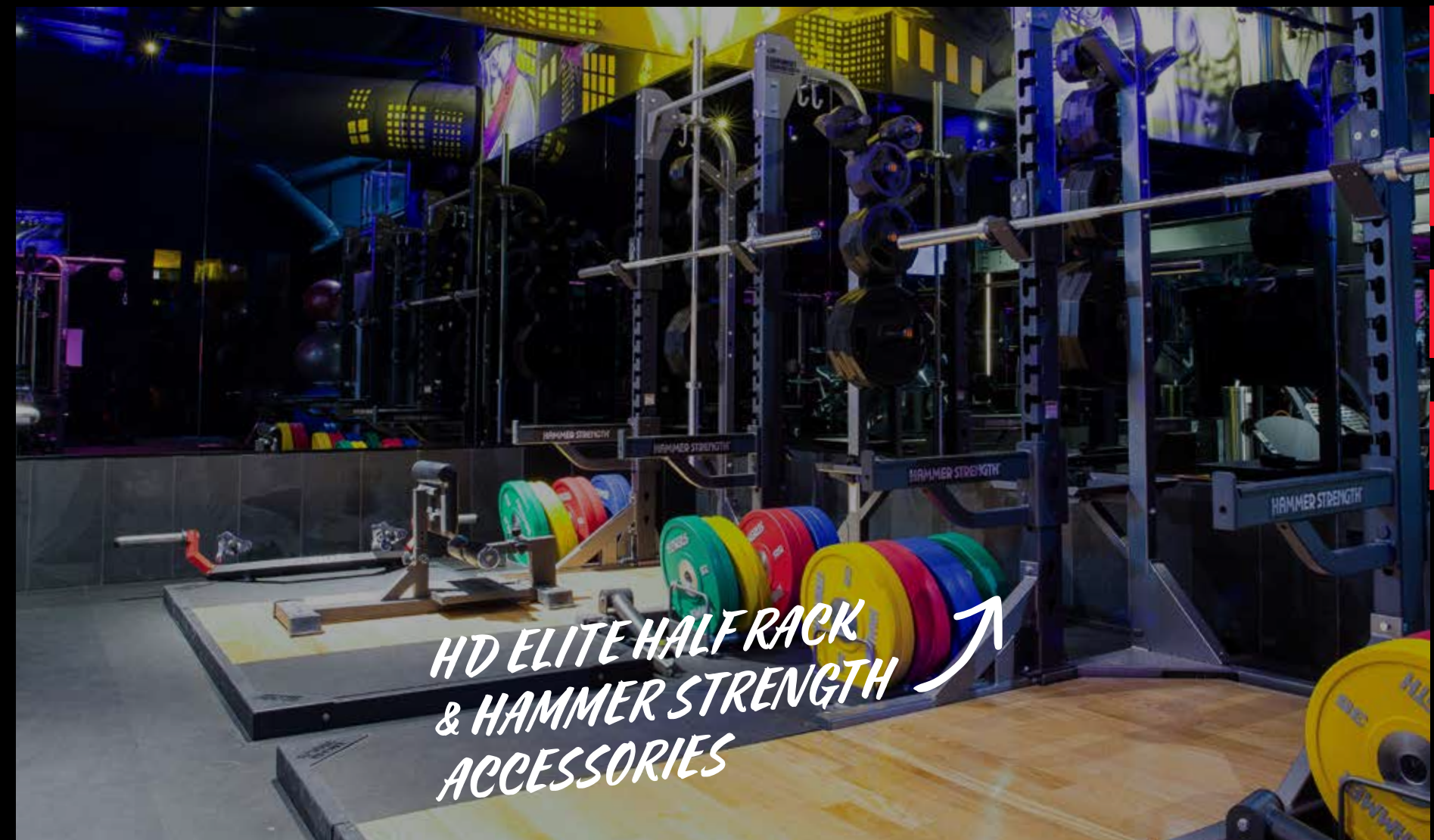


ABOUT THE BRAND

# PRODUCT LINES



LIFE FITNESS  
POWERMILL



HD ELITE HALF RACK  
& HAMMER STRENGTH  
ACCESSORIES





# CUTTING-EDGE EQUIPMENT

## KEY STATS

4,000 SQM WITH STATE-OF-THE-ART FITNESS  
FLOORS AND STUDIOS AND POST-WORKOUT  
RECOVERY SPACES.  
300 MEMBERS







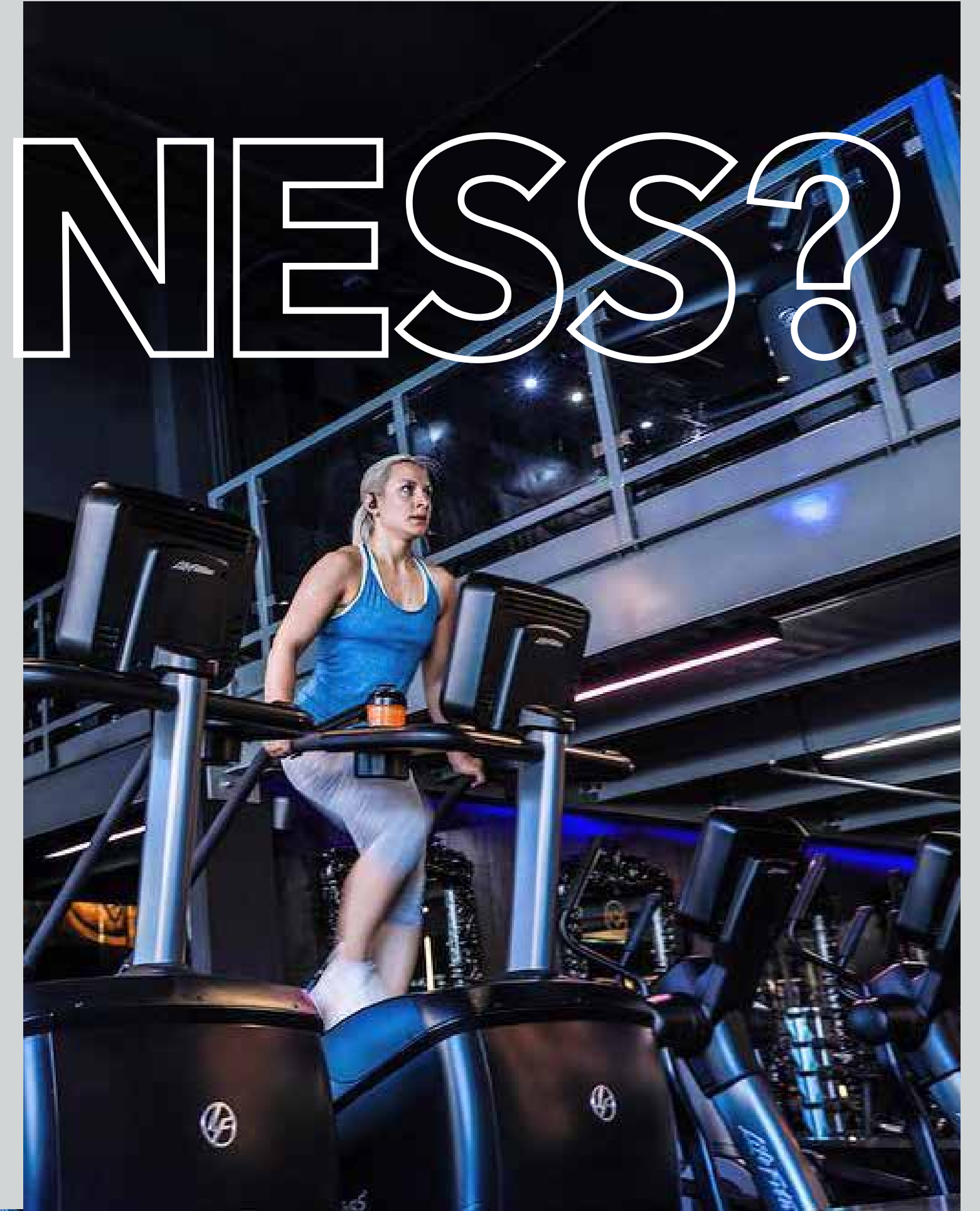
TESTIMONIAL

# WHY

# LIFE FITNESS

Mode is an elite gym and decided to partner with an elite company that has a great selection of all types of equipment as well as layout design advice and support, which is a key ingredient in our offering.

*Mode Fitness Team*







**ORANGE THEORY FITNESS**

# ORANGE THEORY



# MORE

# LIFE



*LOCATED IN FRANCE*



Orange theory is a total-body group workout that combines science, coaching and technology to guarantee more caloric afterburn, maximum results, more confidence, all to deliver more life.

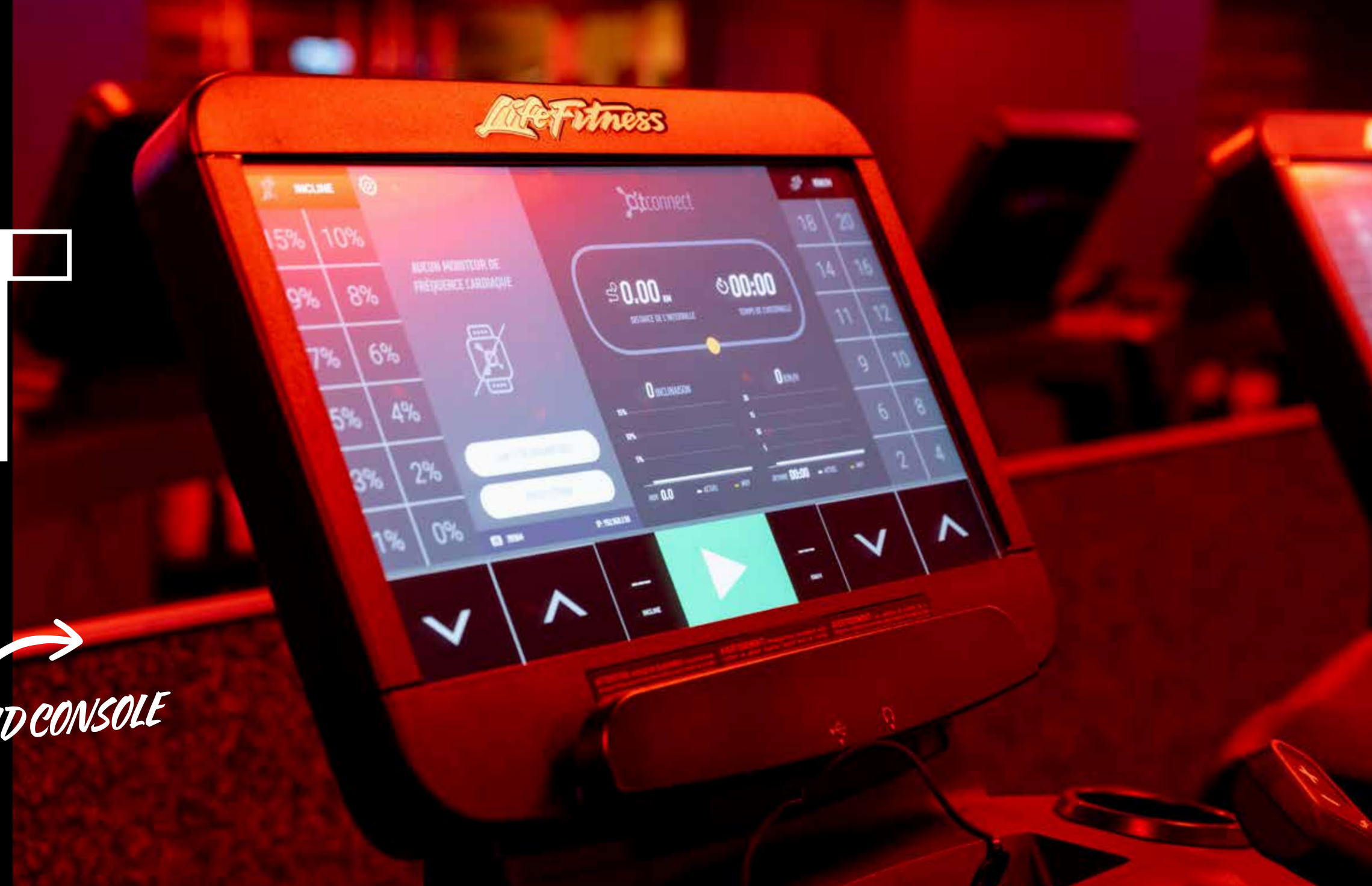


ABOUT THE BRAND

# PRODUCT LINES



←  
*INTEGRITY TREADMILL  
WITH SE3HD CONSOLE*



↗  
*SE3HD CONSOLE*





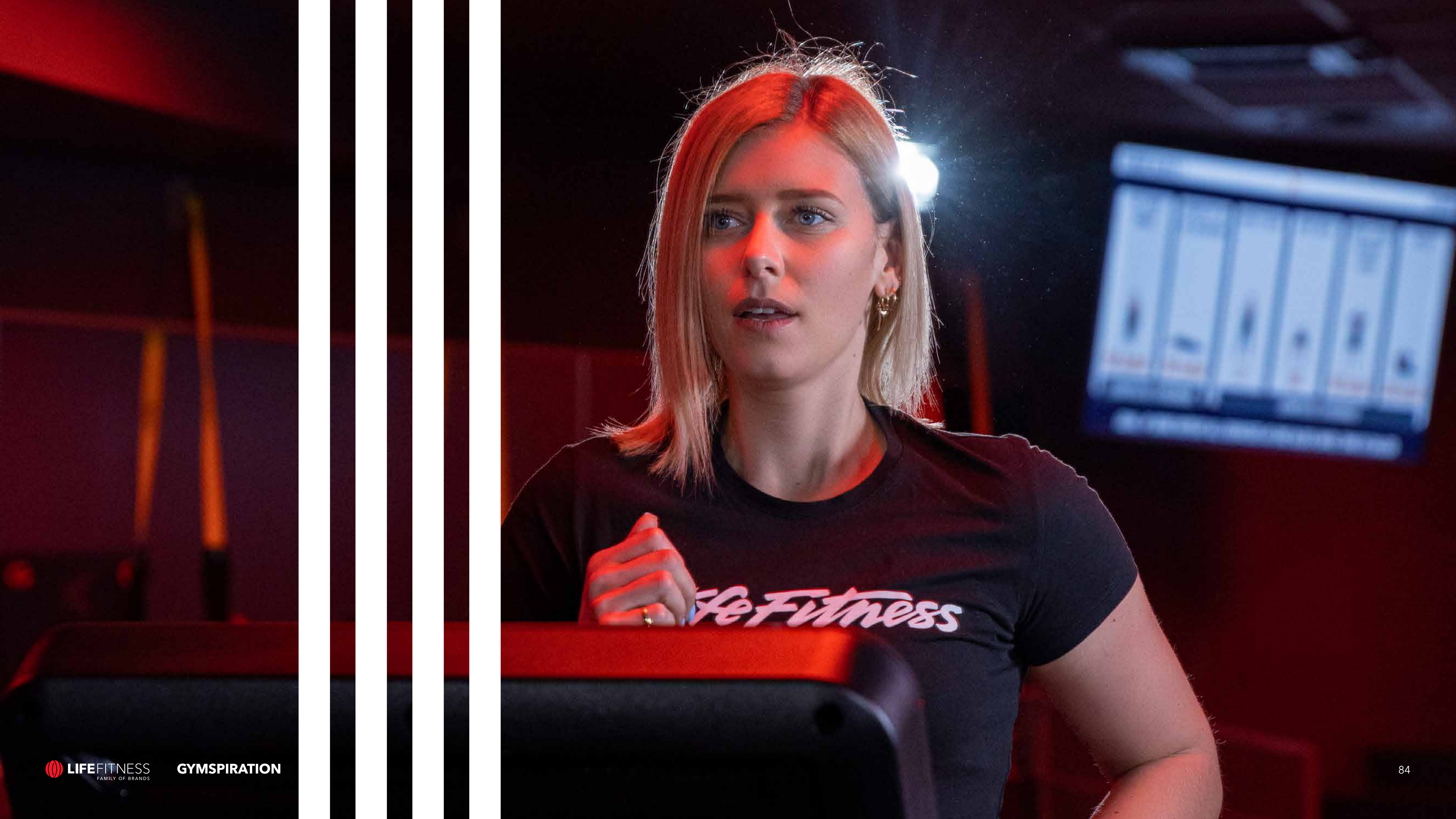
# TOTAL-BODY GROUP WORKOUT

## KEY STATS

LOCATED IN PARIS, FRANCE  
600 SQM













## TESTIMONIAL

# WHY LIFE FITNESS?

□□ We want to deliver the ultimate experience to our members because the work you do here in our studio will make all the difference out there in your world. □□  
*Orange Theory Fitness Team*





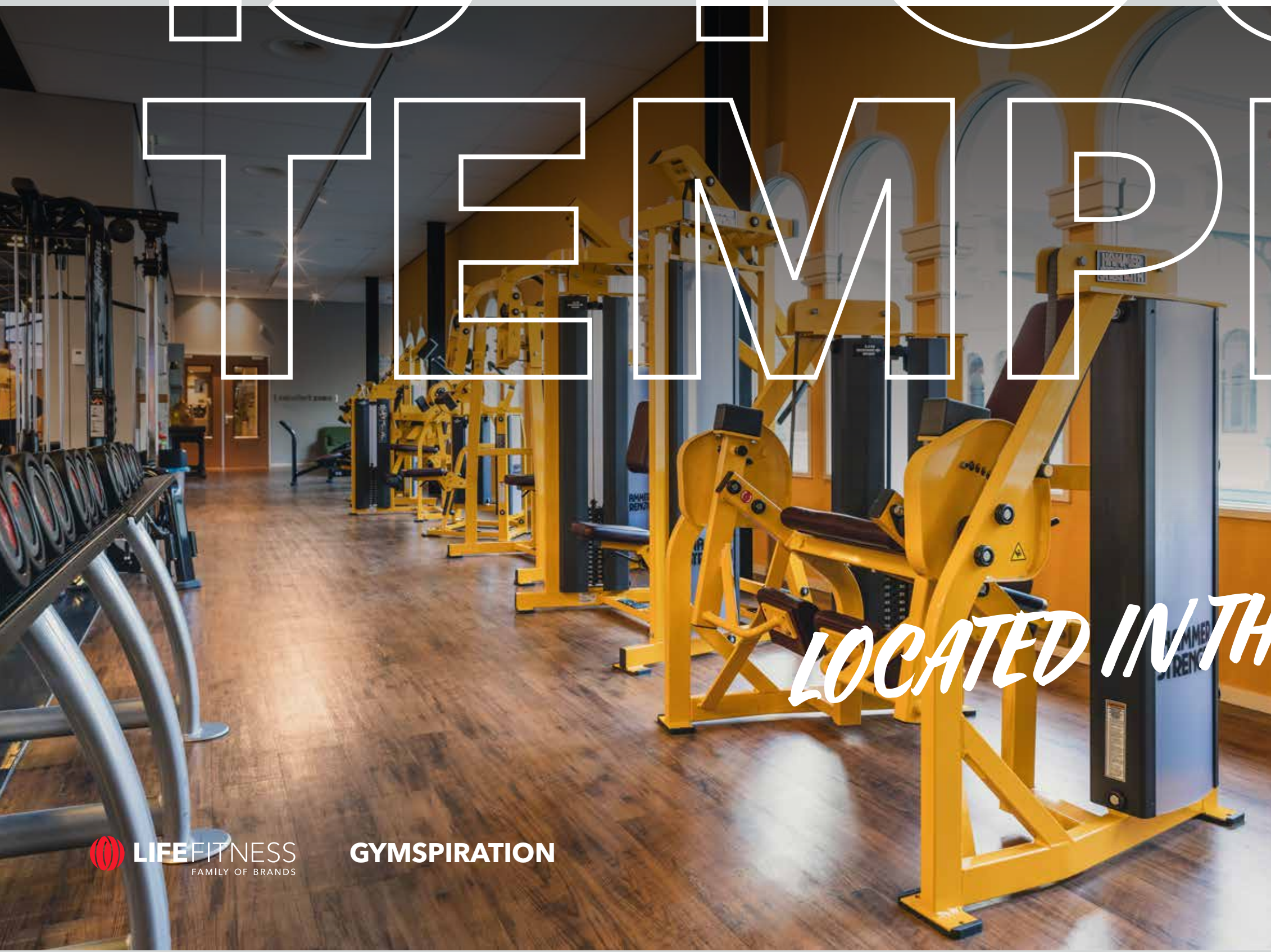


**CAESAR SPORTS**

# CAESAR SPORTS



# // YOUR BODY IS YOUR TEMPLE //



*LOCATED IN THE HAGUE*



Caesar Fitness and Spa Resort is an exclusive concept in a luxurious ambiance that guarantees complete relaxation before or after the working day as well as a top-of-the-line fitness offering.



ABOUT THE BRAND

# PRODUCT LINES



HD ELITE RACKS  
& PLATFORM



ELEVATION SERIES CARDIO



HAMMER STRENGTH  
ACCESSORIES





# A LUXURIOUS AMBIANCE

## KEY STATS

5,000 SQM RESORT  
1,050 SQM FITNESS FLOOR WITH DIFFERENT  
GROUP AND PERSONAL TRAINING ZONES.













## TESTIMONIAL

# WHY

# LIFE FITNESS

▣▣ For us, your body is your temple so we aim to help you take care of your body as well as your mind with our exclusive resort located in a unique location and our complete well-being offering to maintain the body-mind connection in top condition. ▣▣

*Caesar Sports Team*





# SMART FIT

**SMART FIT**



# A FITNESS PLAYGROUND

*STRONG FOCUS ON IN-HOUSE  
DEVELOPED BOXING CONCEPT.*



Smart Fit is a relatively young fitness chain that does everything just a little differently. With a socially responsible base, they create a fitness playground for adults with a complete offering and unique concepts developed in-house.



ABOUT THE BRAND

# PRODUCT LINES



SYNRGY 360



LIFE FITNESS  
ACCESSORIES





# A FITNESS PLAYGROUND

## KEY STATS

LOCATED IN THE NETHERLANDS.  
+2,000 SQM OF LARGE RANGE OF  
CARDIO AND STRENGTH ZONES.



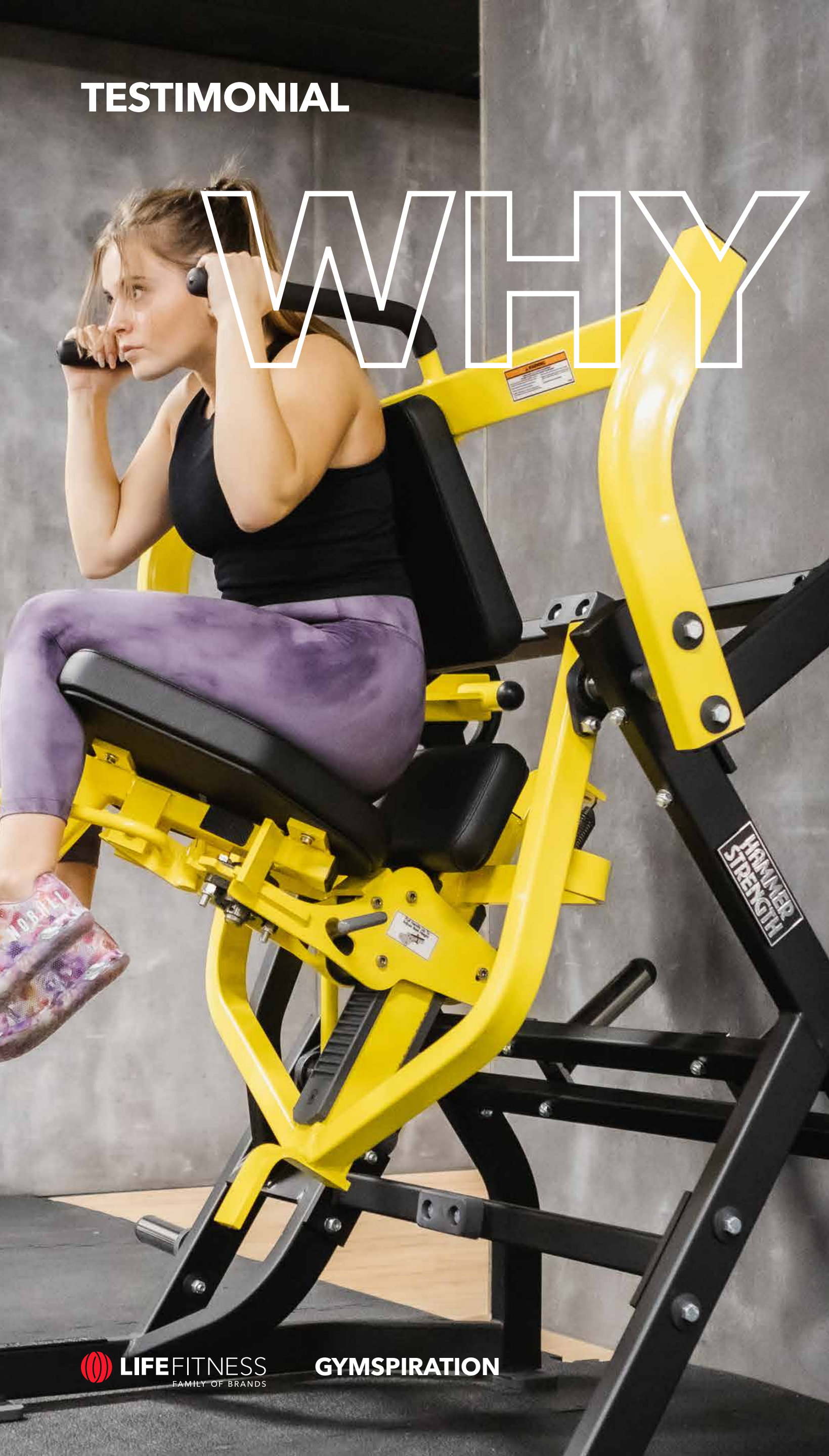








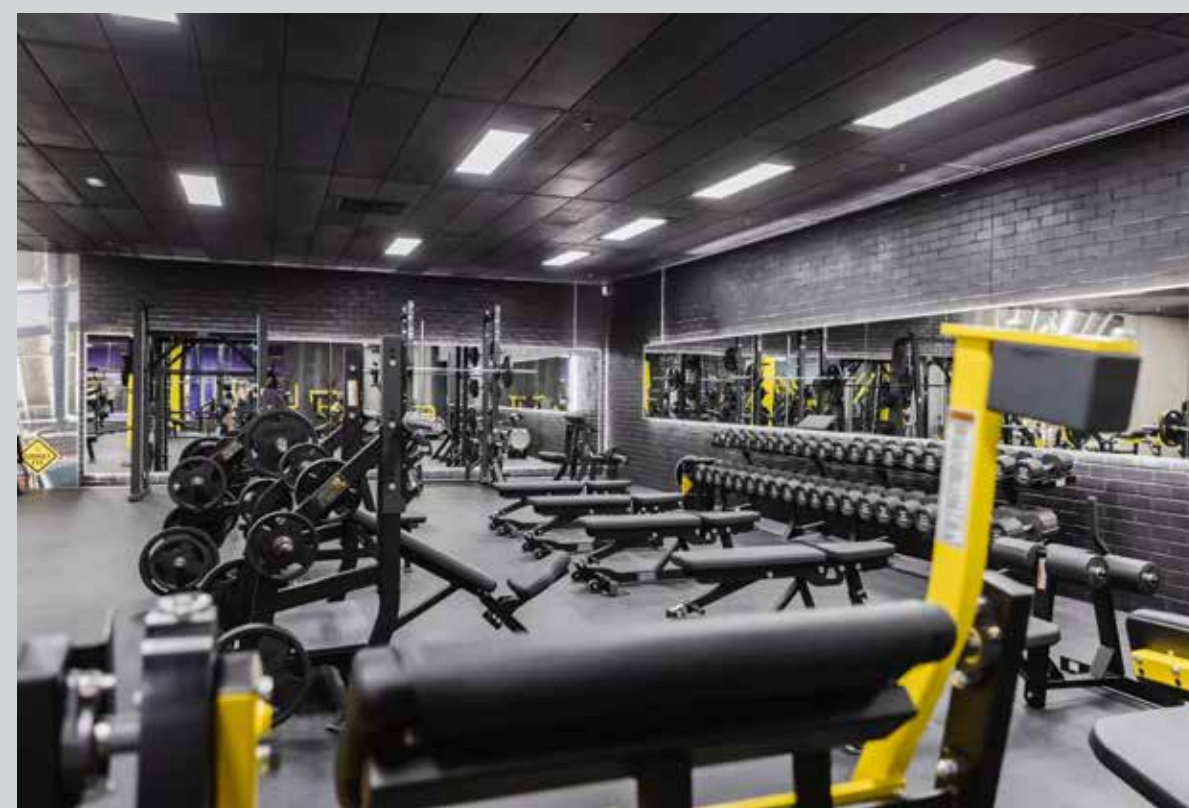
## TESTIMONIAL



# WHY LIFE FITNESS?

▮▮ We are always looking for ways to be distinctive and to have a characteristic branding. The process of collaboration and co-creation with Life Fitness elevated our positioning and uniqueness. ▮▮

*Smart Fit Team*



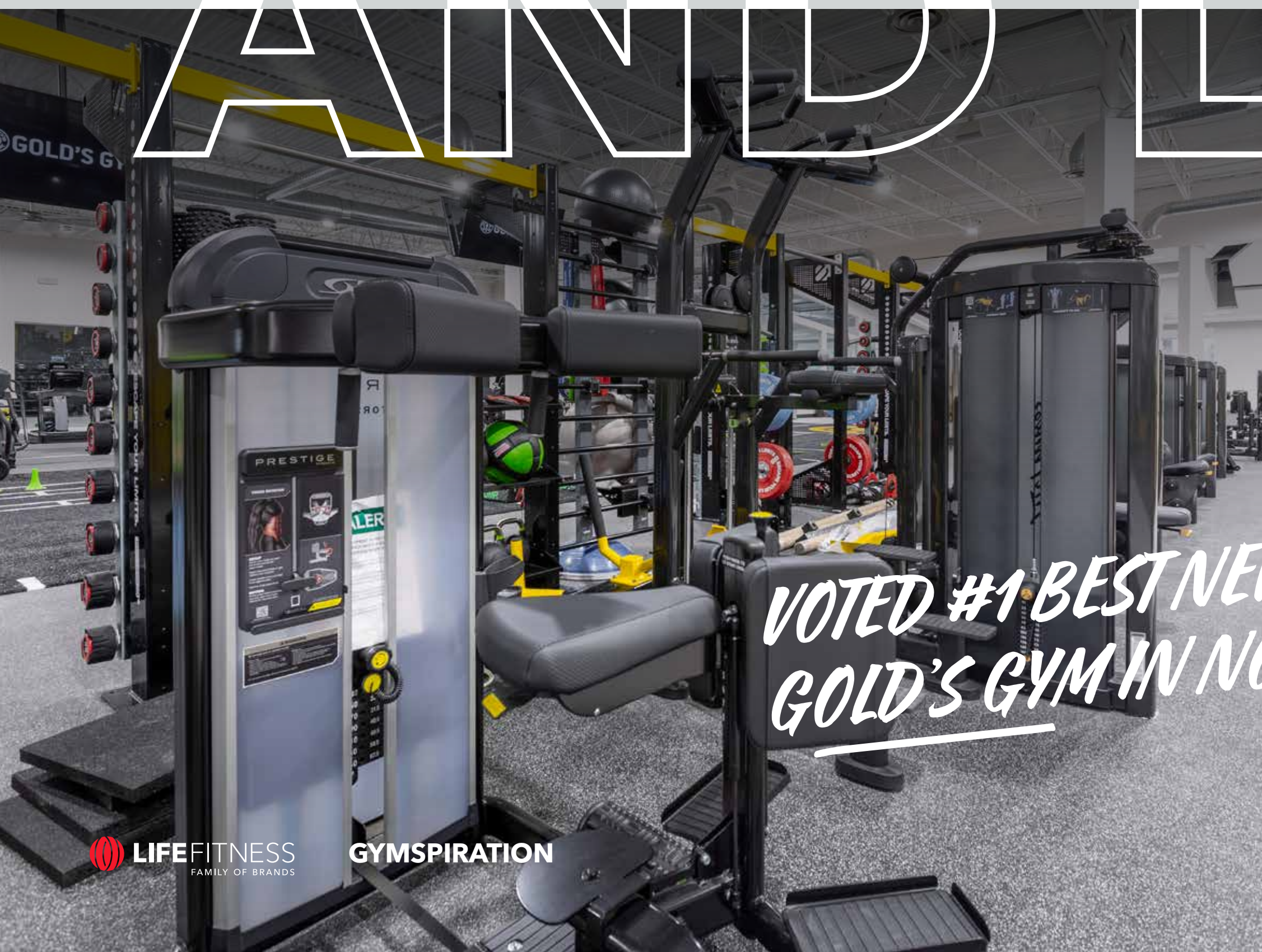




**GOLD'S GYM**



# //GREATNESS AND LEGACY//



*VOTED #1 BEST NEW  
GOLD'S GYM IN NORTH AMERICA*



Gold's Gym Ocala is all about helping people get to the best shape of their lives with unique strength equipment, outstanding functional training zones, and well-being complements such as a swimming pool and sauna for an all-around fitness experience.



ABOUT THE BRAND

# PRODUCT LINES



ICG INDOOR  
CYCLING BIKE

 **LIFEFITNESS**  
FAMILY OF BRANDS

**GYMSPIRATION**



SIGNATURE CABLE MOTION M3



LIFE FITNESS  
POWERMILL



# ALL-AROUND FITNESS EXPERIENCE

## KEY STATS

LOCATED IN THE CITY OF OCALA,  
FLORIDA IN THE USA.  
+4,500 SQM









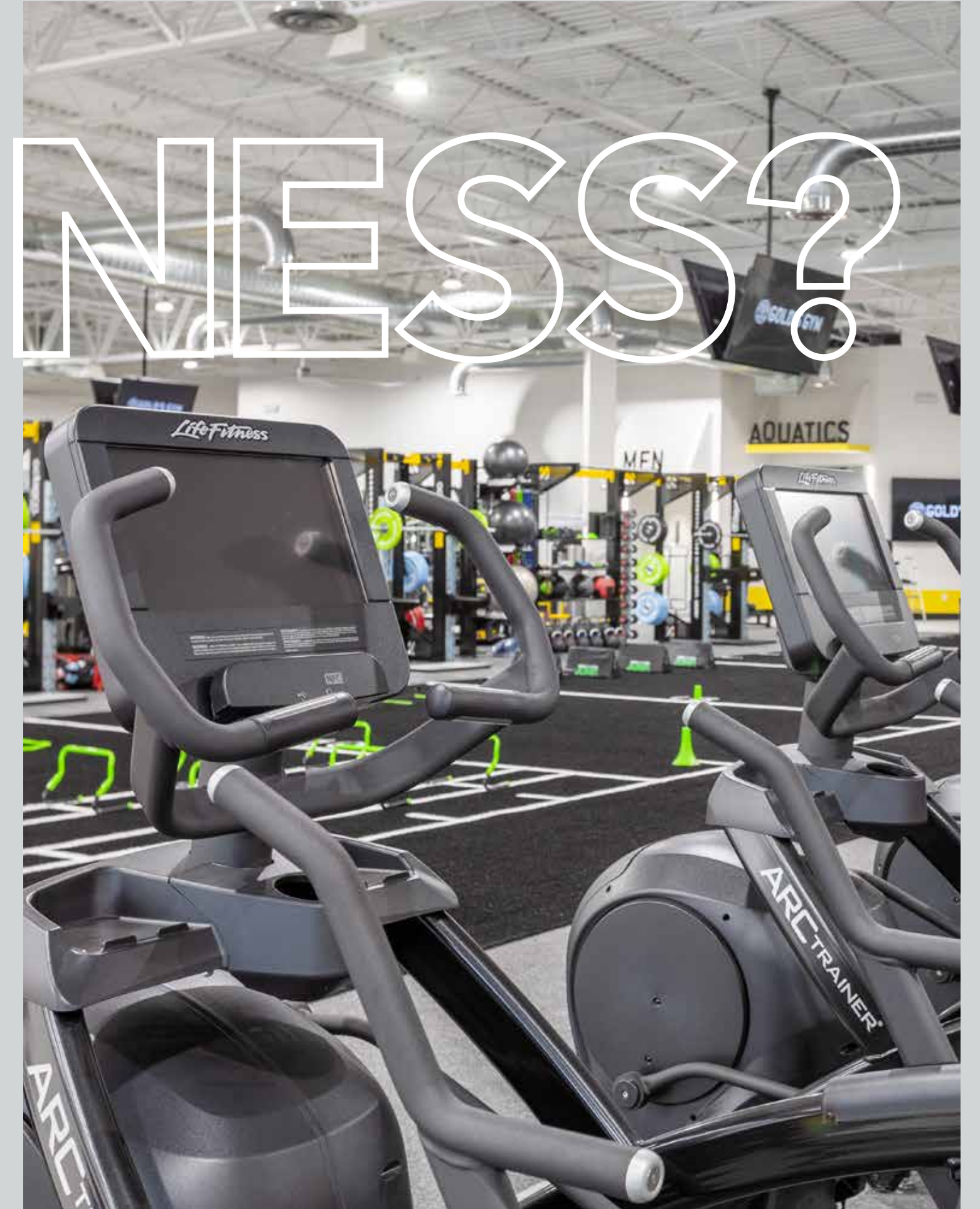


## TESTIMONIAL

# WHY LIFE FITNESS?

Our goal is to meet members where they are and take them to the next level of health and fitness in our facilities equipped with the best brands that provide everything needed to stay strong, fit, and healthy.

*Gold's Gym Team*







**PUMP FITCLUB**



# INSPIRING COMMUNITY



*GROUP-CLASS-FOCUSED  
WITH FUNCTIONAL CIRCUITS,  
BOXING AND YOGA.*



PUMP Fitclub focuses on social values added to local community creation through fitness and group activities. Their all-under-one-roof concept appeals to young and elder members which can participate in all kinds of group training and enjoy some after-workout time in the PUMP Loungclub.



ABOUT THE BRAND

# PRODUCT LINES

HEATROWER

SYNRGY 360

SIGNATURE CABLE MOTION M3





# LOCAL COMMUNITY CREATION

## KEY STATS

LOCATED IN THE TOWN OF POORTUGAAL  
IN THE NETHERLANDS.  
700 SQM











TESTIMONIAL

# WHY

# LIFE FITNESS

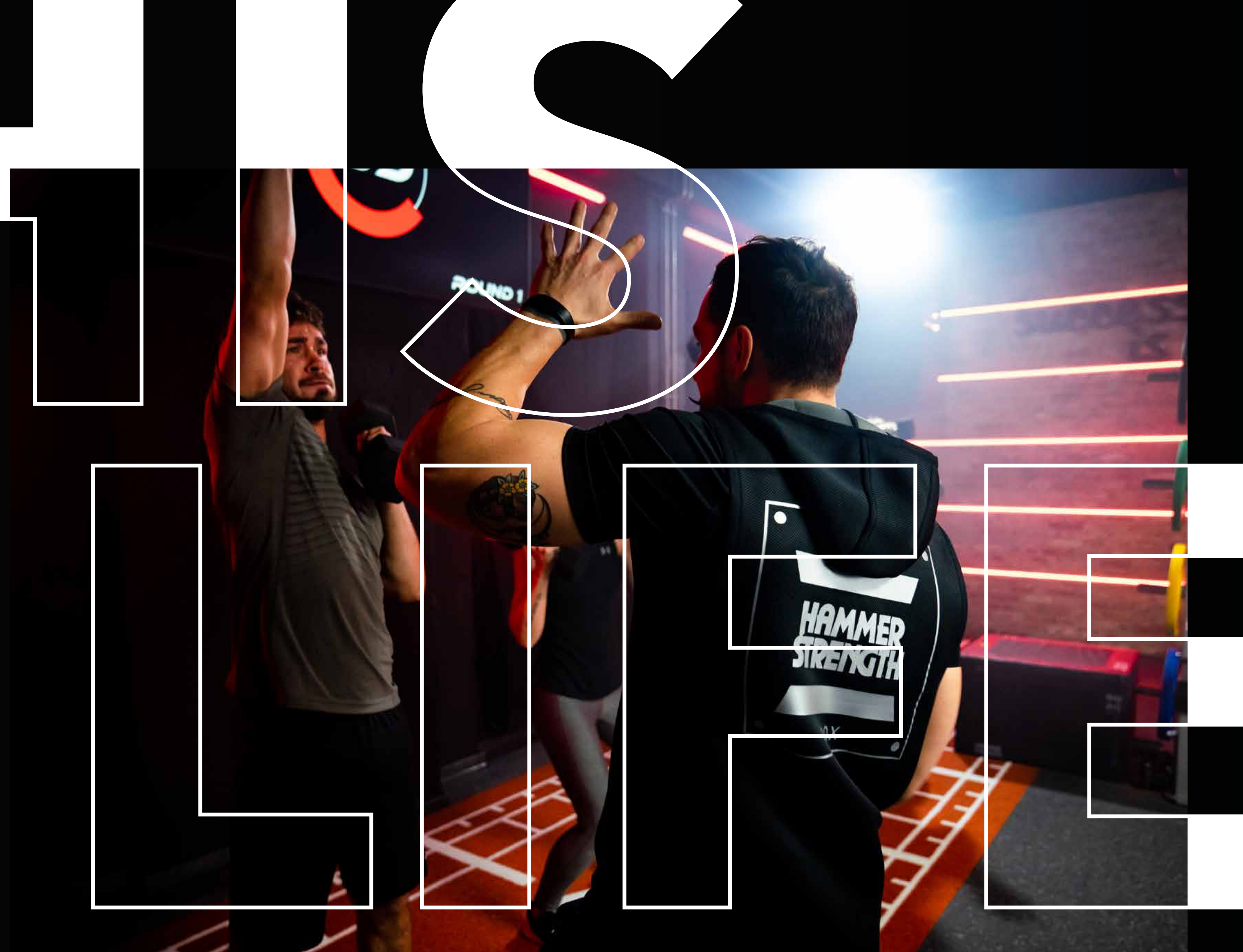
□□ We are very proud of where we are now, also with the help of Life Fitness. We wanted to create a space where people can meet each other, stay healthy, and have lots of fun. □□

*Pump Fitclub Team*





# REFRESH







DESIGN



[lifefitness.com](https://lifefitness.com)

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FITNESS



GYMSPIRATION