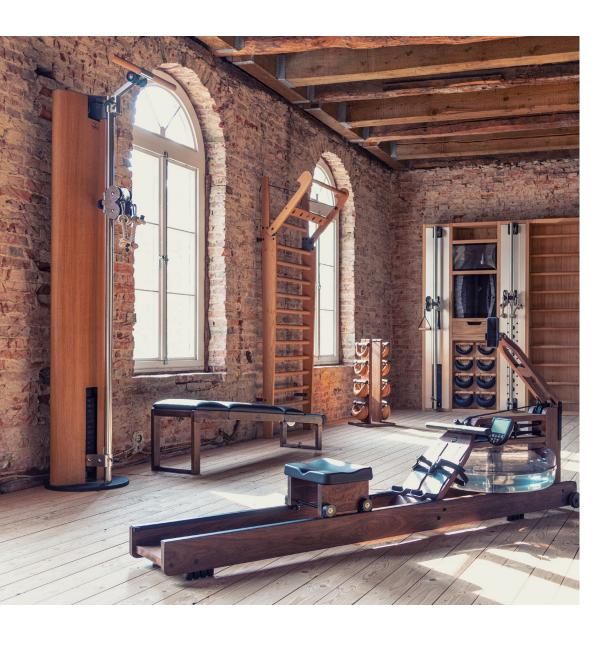
EXCLUSIVE FITNESS INTERIORS

DESIGNED FOR HOMES | HOTELS | BOUTIQUE FITNESS | WELLNESS















FITNESS.DESIGNED FITNESS.EXPERIENCED

Our fitness is designed - we design beautiful products for beautiful fitness solutions.

But don't be decieved by this beauty.

We also design for a broad spectrum of fitness experiences that span from fitness novices all the way through to top atheletes.

THE GALLERY

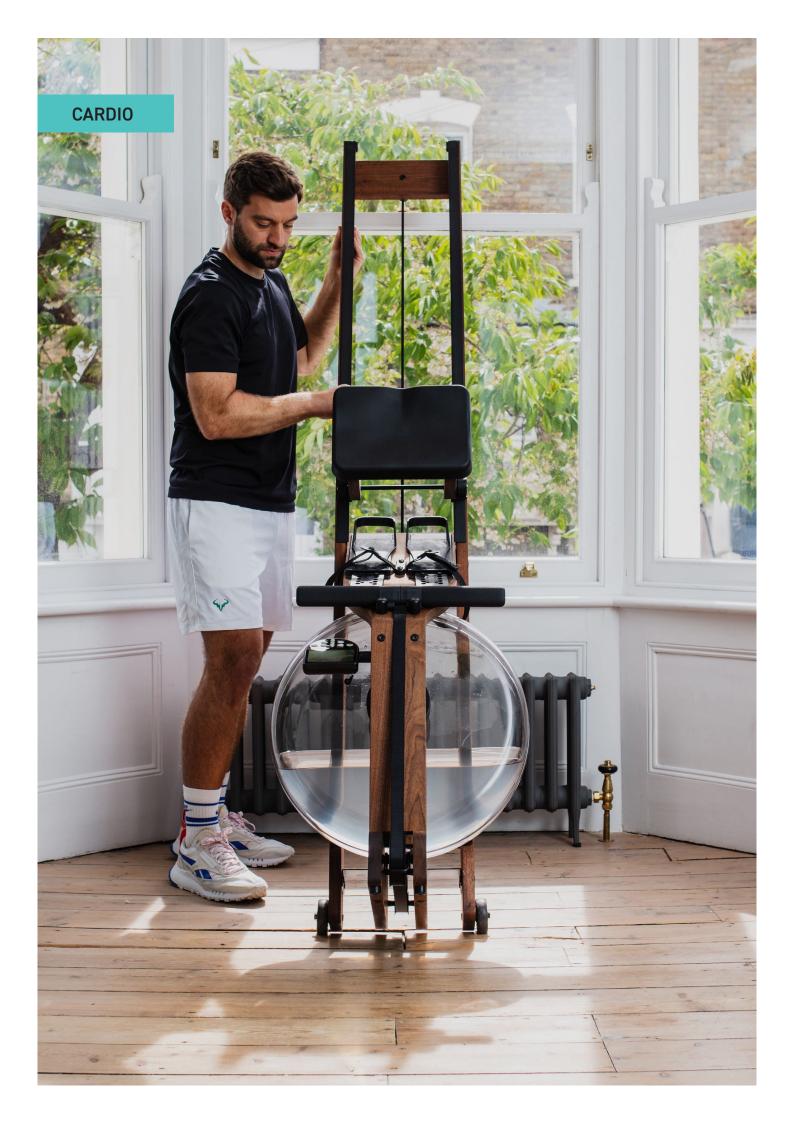
EXCLUSIVE FITNESS INTERIORS

On the following pages you will see an inspiring selection of our fitness designs from around the world.

Enjoy...







WATERROWER (SINCE 1988)

WATERROWER 'THE ORIGINAL'









WOOD-TYPES THAT MATCH THE SPACE.



SPACE-SAVING STORAGE.

EFFECTIVE, FULL-BODY TRAINING.















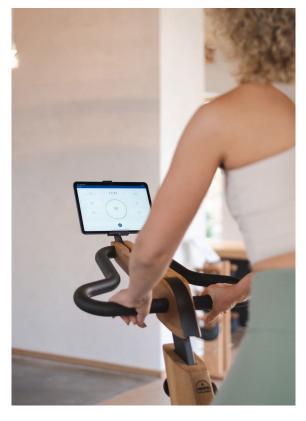


NOHRD BIKE

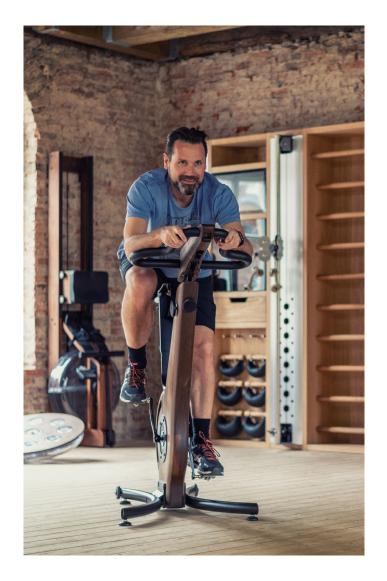
THE BEAUTY OF THE INDOOR BIKE













WHERE FORM MEETS FUNCTION.

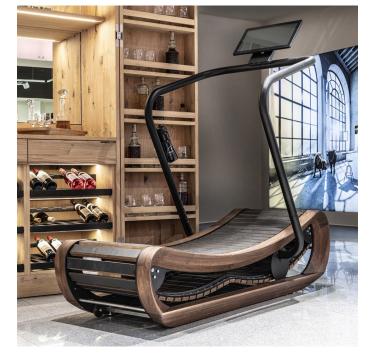




NOHRD SPRINTBOK

ON THE RUN WITH OUR UNIQUE TREADMILL





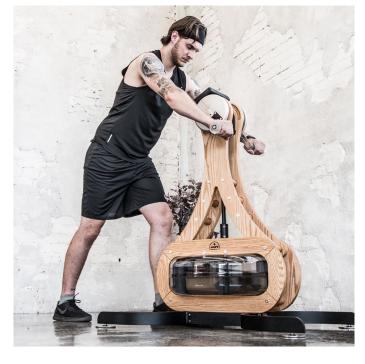


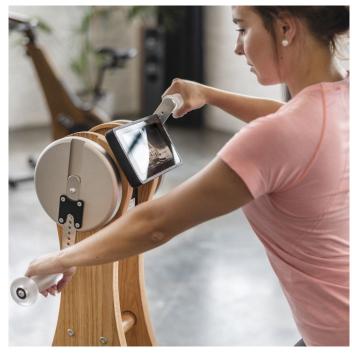


NOHRD WATERGRINDER

DROP-SHAPED ELEGANCE FOR THE UPPER BODY



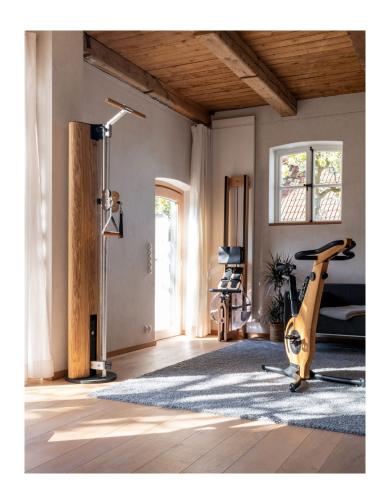


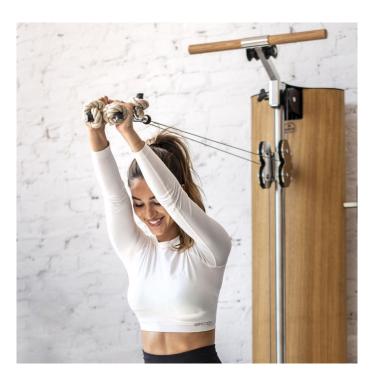




NOHRD SLIMBEAM

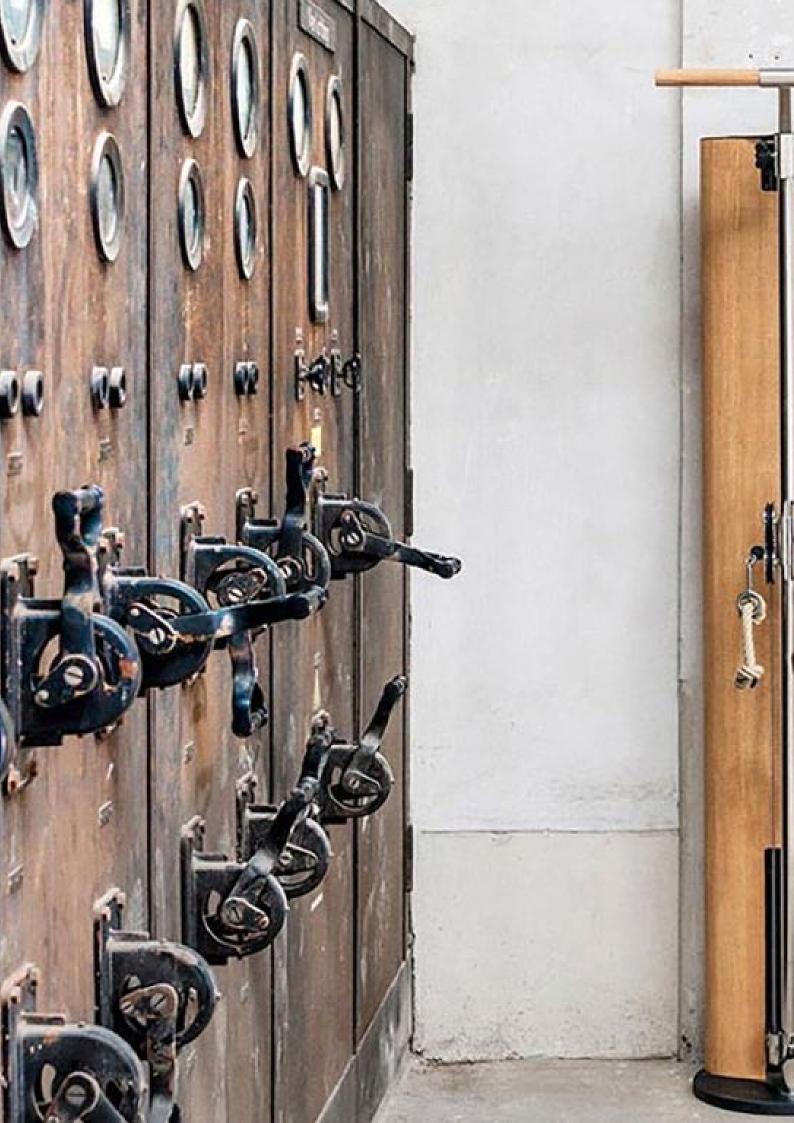
SLIM AND ELEGANT CABLE MACHINE





SPACE-SAVING & AWARD-WINNING DESIGN.







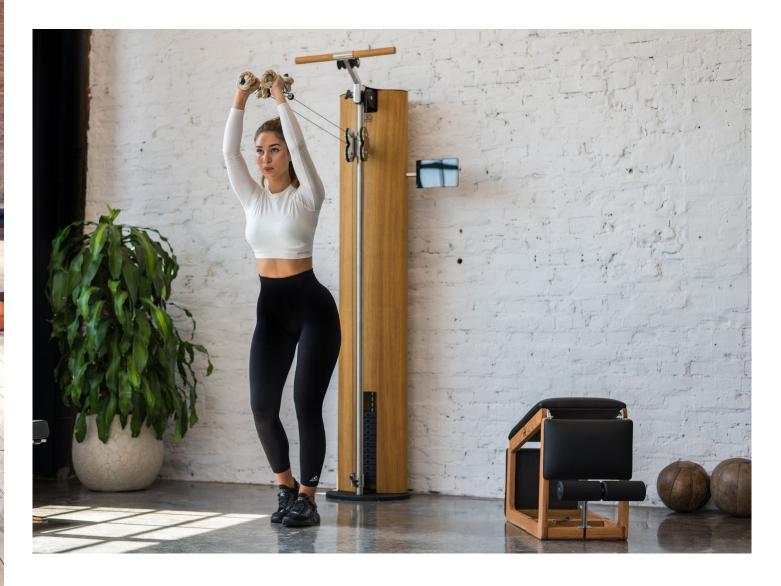


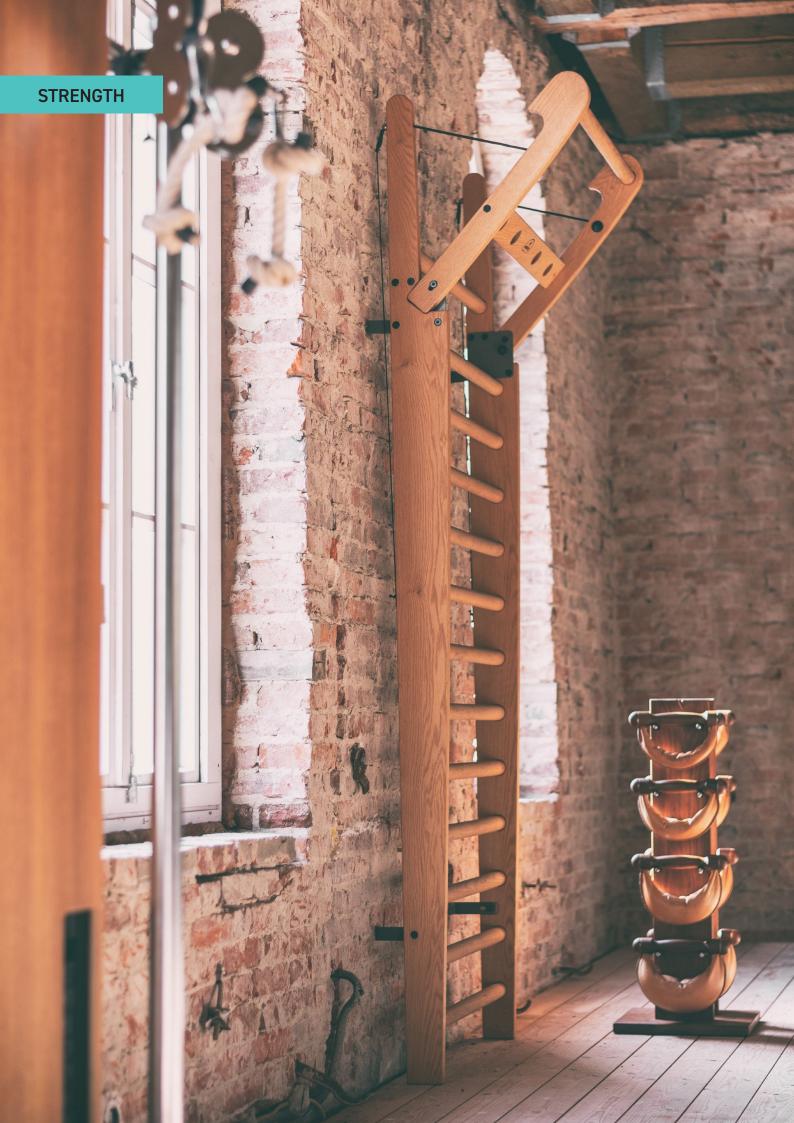








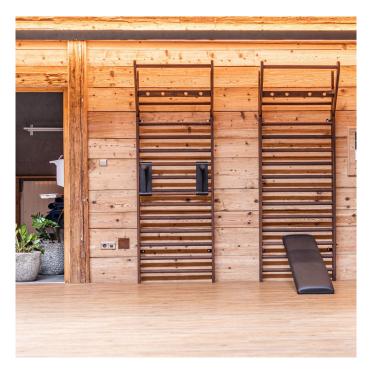


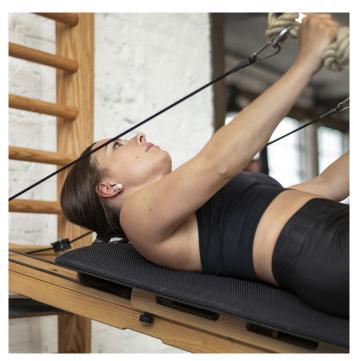


NOHRD WALLBAR

WALLBAR CLASSIC WITH A TWIST





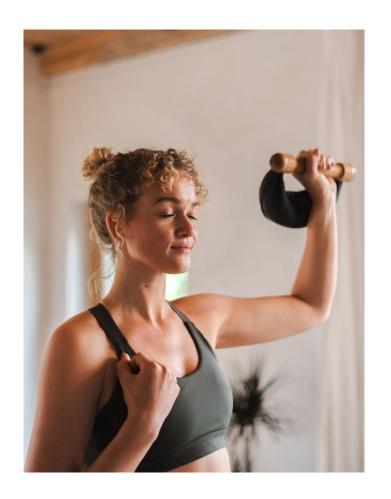






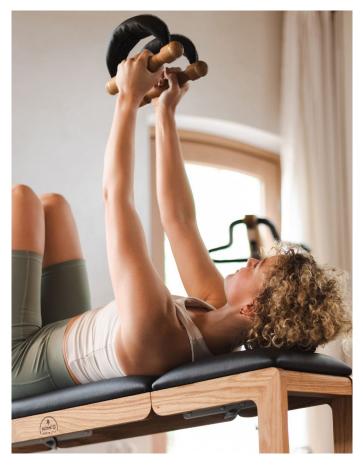
NOHRD SWING

FEEL-GOOD LEATHER HAND-WEIGHTS



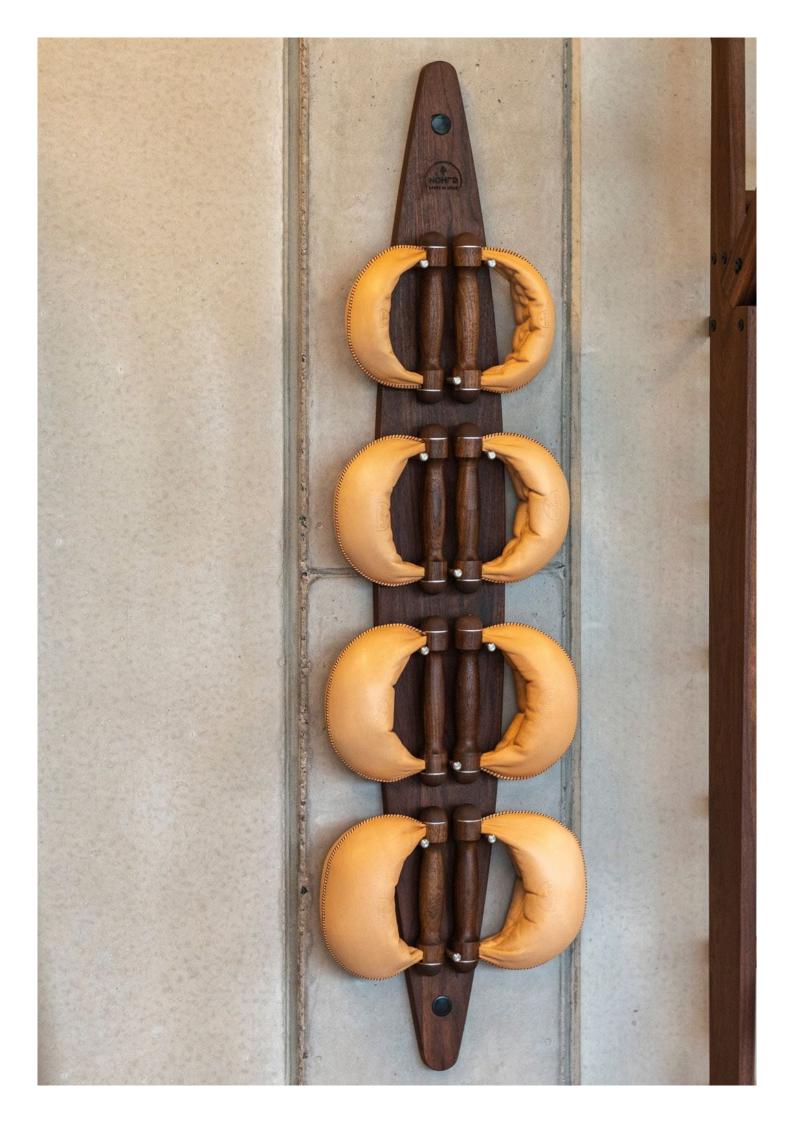


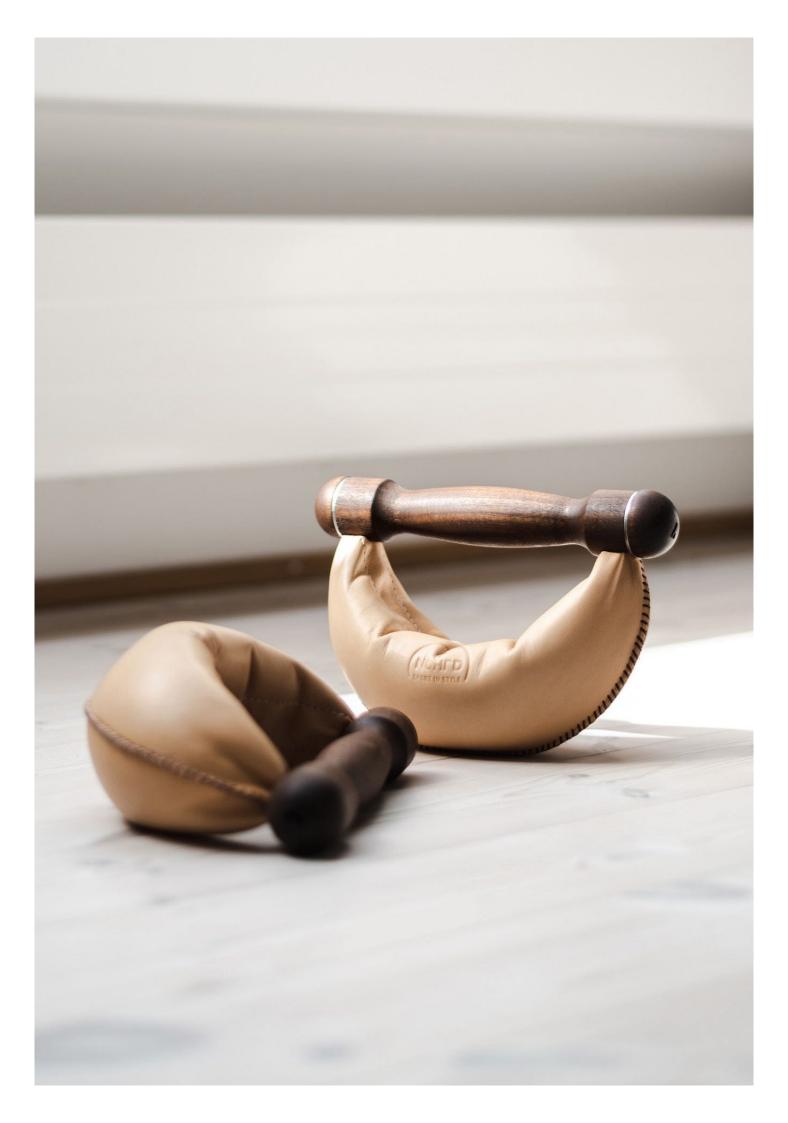














NOHRD TRIATRAINER

3-IN-1 EXERCISE BENCH



ABS & CORE
- CLOSED







THE REST
- FULLY FOLDED OUT













NOHRD WEIGHTBENCH

HEAVY-DUTY & ADJUSTABLE EXERCISE BENCH







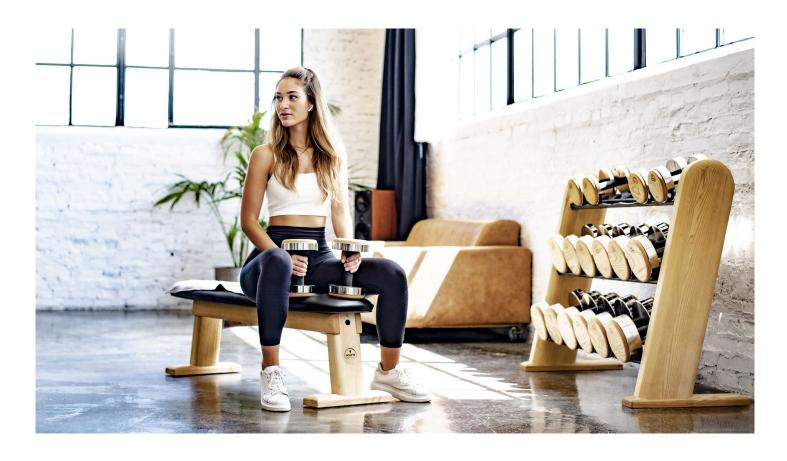




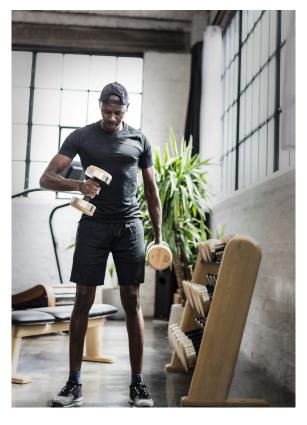


NOHRD DUMBBELLS

COMPLETE SET OF DESIGN DUMBBELLS







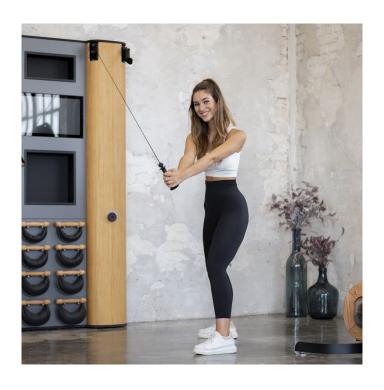


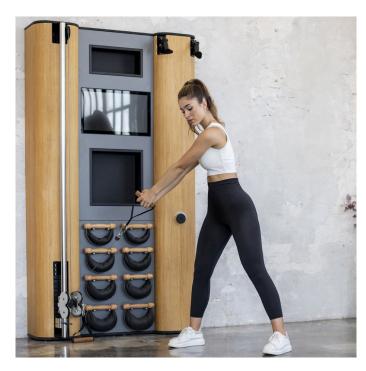


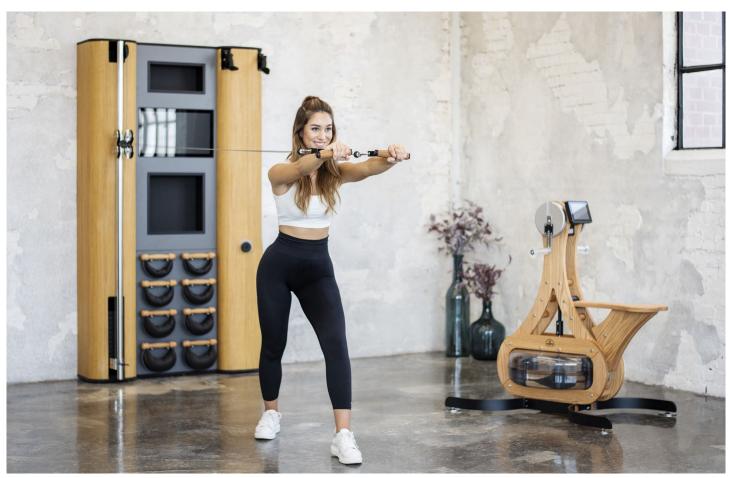


NOHRD WALL COMPACT

COMBI-WALL - CABLE MACHINE, WEIGHTS & SKI ERG.













NOHRD SLING SUSPENSION

THE BODY AND GRAVITY WORKING TOGETHER



THE LORD ...





... OF THE RINGS

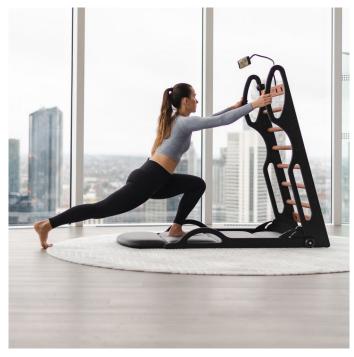




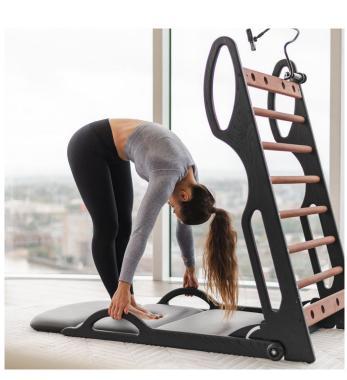


NOHRD ELASKO

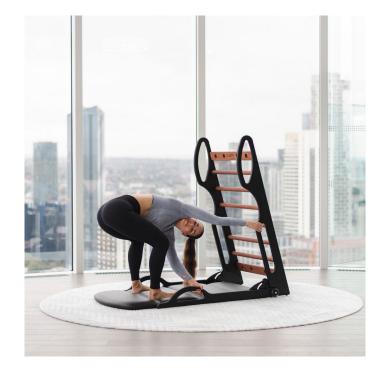
ELASKO STRETCH FRAME, MORE THAN A WALLBAR...

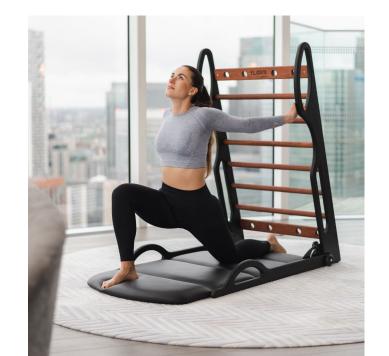


STRETCH LIKE YOU NEVER IMAGINED.



FULL BODY & MIND EXPERIENCE









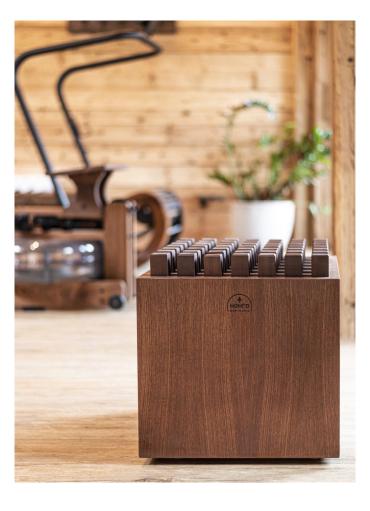


NOHRD HEDGEHOCK

LIKE SITTING ON A HEDGEHOCK... OR NOT?



UNCOMFORTABLE CHAIR? UNTIL YOU SIT ON IT!











NOHRD EAU-ME BOARD

BALANCE BOARD WITH WATER









NOHRD HAPTIKBALL

STRENGTHENING AND STRESS RELIEF BALLS



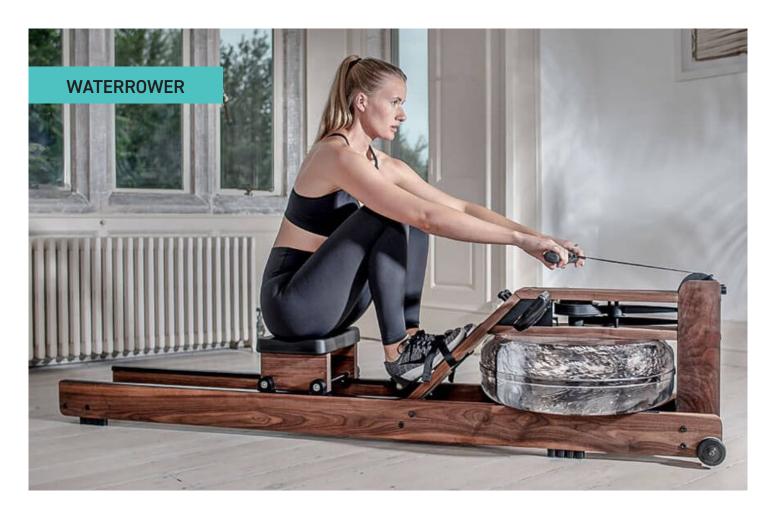


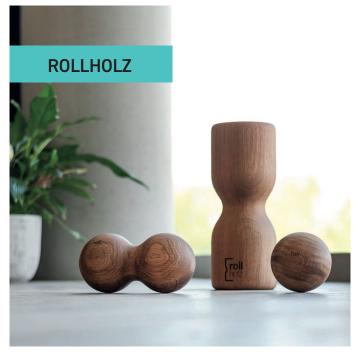
SQUEEZE & RELEASE.



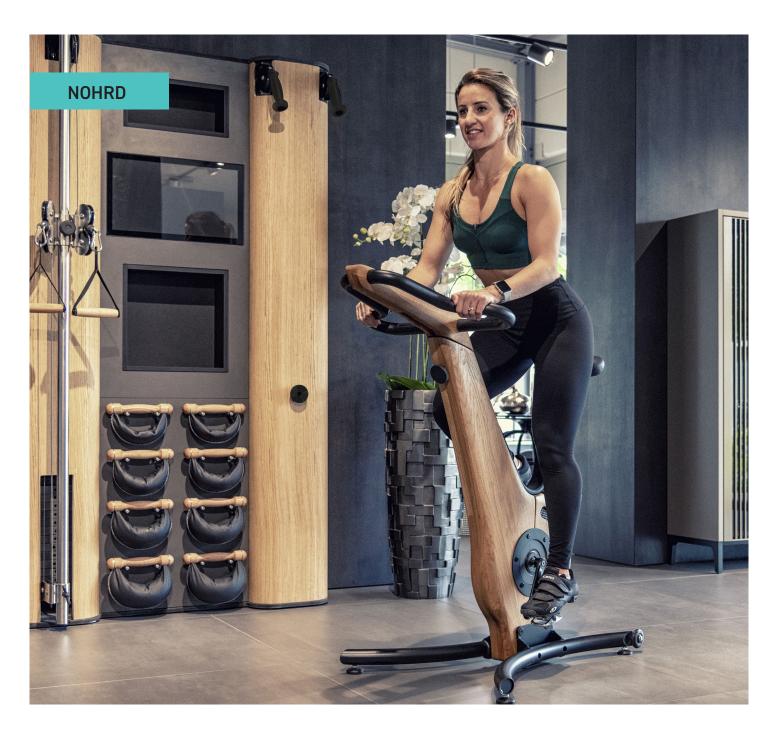
OUR BRANDS

THE COMPLETE WELLNESS & FITNESS SOLUTION











5 GOOD REASONS TO DESIGN YOUR DREAM GYM WITH US

1. PASSIONATE FOCUS ON DESIGN

Our exclusive fitness equipment is known worldwide for blending beautiful aesthetics with the finest quality materials and uncompromising functionality. With the users' well-being in mind, our products are designed to make training not just a functional, but also an aesthetic experience in a class of its own. This absolute focus on design is the foundation of the customer experience and extends into every facet of our business, from product development to sales, marketing, and support.

2. DESIGN DIFFERENCE

If you dream of a more aesthetic and organic alternative to run-of-the-mill metal fitness equipment, you will be blown away by the WATERROWER | NOHRD difference.

For over 30 years, we have sought to influence fitness equipment design towards beautiful, timeless products. We prefer to call our products fitness furniture rather than fitness equipment. Our range of fitness furniture will surprise with its organic, intuitive and comfortable feel.

Beautiful design is embedded in our DNA.

3. DURABLE DESIGN

Through attention to material selection, manufacturing excellence and our superior customer service, we strive to ensure an enduring quality of experience that exceeds our customer expectations.

The high quality and the timeless design ensure an extremely long life for the products, which is completely in line with our striving to reduce our negative footprint on the environment throughout the product's life cycle; from sourcing to manufacturing and recycling.

High on our list of design considerations is backward compatiblity. This means that new products and accessories are designed to be compatible with previous models. It also means that our range is adorned with several design classics that will never loose their relevance.

4. SUSTAINABLE DESIGN

We are dedicated to positively impacting both people and our environment, adhering to our own high standards of efficient, ethical product design, using sustainable natural materials, and renewable energy in manufacturing.

WATERROWER | NOHRD are on the constant journey to be a truly sustainable business

Our fitness furniture is manufactured from certified sustainably harvested hardwood, meaning that planting rates at our wood sources far exceed harvest rates.

5. YOUR DESIGN PARTNER

With us, quality and service must always be top-shelf! That's why our dedicated and experienced team is always ready to help and advise - before, during and after your fitness investment.

At WATERROWER | NOHRD, we are experts in gym design. We listen to your wishes, needs and budgets, advise on selection and non-selection, visualize, deliver and install. And if you subsequently need advice and guidance, we are also ready.





NEXT STEP

LET'S DESIGN TOGETHER?

We are ready to answer your questions and assist you in planning and/or designing your fitness solution.

FIND YOUR FITNESS SOLUTION EXPERT HERE